

525 Veterans Blvd. Redwood City, CA 94063

650-421-2155 Phone 650-421-2159 Fax

#### REVISED

#### AGENDA

SEQUOIA HEALTHCARE DISTRICT **BOARD OF DIRECTORS MEETING** 4:30, Wednesday, August 2, 2017

Conference Room, 525 Veterans Boulevard, Redwood City, CA 94063

- \* Director Shefren will attend via teleconference from 76 Schimke, Bear Valley, CA 95233
  - 1. Call To Order And Roll Call
  - 2. Public Comment On Non-Agenda Items\*
- **ACTION** 3. Consent Calendar - President Kane
  - a. Approve June 15, 2017 Regular Meeting Minutes
  - b. Approve July 19, 2017 Special Meeting Minutes
  - c. Accept June 2017 Financial Statements
  - **New Business** 4.
    - A. Investment Report: Fiduciary Trust Ms. Aileen Call
    - B. Introduction To Middlefield Junction Project Ms. Heather Peters
- **ACTION** C. Consider Allowing The District Ceo To Enter Into A Lease Renewal Of Bedrosian

Insurance And New Lease For Standards Body Services For 3 Years, October 1, 2017 To September 30, 2020 - Mr. Michelson

ACTION D. Consider Increasing Employee Health Benefit: From Up To \$1,500 Per Month Minus 10% To Up To \$1,650 Per Month Minus 5% And In-Lieu Benefit From \$200

To \$400 Per Month With Health Benefits To Be Reviewed By An Ad Hoc Committee Of The Board On An Annual Basis - President Kane And Director Faro

- E. Director Requests For Future Agenda Items Per Board Policy 8.3 -ACTION President Kane
  - 5. CEO/Staff Reports
    - a. CEO Report Mr. Michelson
    - b. Healthy Schools And Community Grants Ms. Kurtzman
    - c. HeartSafe Mr. Nielsen
- Adjourn. ACTION 6.

The Next Regular Meeting Of The Board Of Directors Of Sequoia Healthcare District Is Scheduled For 4:30 PM, Wednesday, October 4, 2017, District Conference Room, 525 Veterans Blvd., Redwood City, CA 94063

\*Public comment will be taken for each agenda item prior to the board's consideration on that item.

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 525 Veterans Blvd., Redwood City, CA during normal business hours. Please telephone 650-421-2155 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Sequoia Healthcare District at least 48-hours in advance at 650-421-2155.

#### MINUTES OF REGULAR MEETING BOARD OF DIRECTORS SEQUOIA HEALTHCARE DISTRICT June 15, 2017

#### Conference Room, 525 Veterans Boulevard Redwood City, CA 94063

<b>Directors Present</b>	<b>Directors Excused</b>	Also Present
Director Faro		Mr. Michelson, CEO
Director Griffin		Mr. Hudak, Legal Counsel
Director Hickey		Ms. Johnson, Recorder
Director Kane		·
Director Shefren		

#### 1. Call to Order

President Kane called the meeting to order at 4:30 PM.

#### 2. Public Comment/Non-Agenda Items

President Kane asked if there was public comment on non-agenda items. There was none.

#### 3.a. - 3.c. Consent Calendar

**Motion:** To approve the Consent Calendar.

By: Director Shefren

Seconded by: Director Faro

Vote: 5-0 Motion Passed

# <u>4.a. Consider Grant Request From Ravenswood Family Health Center For</u> Three Years (July 1, 2017-June 30, 2020) Totaling \$2.7 Million

Ms. Luisa Buada presented an overview of proposed grant objectives to enhance the health and wellness of District residents. The three year grant request for \$800,000 in Year One and increasing to \$1 million in Year Three will allow RFHC to provide a continuum of services to existing District patients while continuing to increase the number of District residents served. The current cost for RFHC to provide comprehensive health care to District residents is \$6.7 million annually of which \$2.2 million is to uninsured District residents.

Motion: To approve a grant of \$700,000 per year for two years (July 1, 2017-June 30, 2019)

**Bv:** Director Faro

**Seconded by:** Director Shefren

Roll Call Vote: 4-1 with Director Hickey opposed

**Motion Passed** 

President Kane will appoint a subcommittee to meet with county representatives to discuss the physician vacancies at Fair Oaks Clinic.

## 4.b. Consider Request To Approve The School Health Initiative Grants and Budget For 2017-18 Up To \$3,991,335

Ms. Kurtzman is requesting \$450,000 above last year's budget mainly for increased adolescent mental health services by providing more counselors at school and by the addition of a new school in the PE+ program.

The District's vacant staff position has been filled and Ms. Jenny Bratton will start in July. She will work 75% on Healthy Schools with 25% will of her time allocated to the District's website and communications.

The 2017-18 school-based grant recommendations will fund 15 grants, including 3 new applicants for a total of \$327,000.

Motion: To approve the School Health Initiative grants and budget for 2017-18 up to

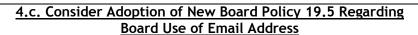
\$3,991,335.

By: Director Shefren

Seconded by: Director Griffin

Roll Call Vote: 4-1 with Director Hickey opposed

**Motion Passed** 



Mr. Hudak explained a recent decision by the California Supreme Court that held that emails to and from elected officials on private accounts which relate to public business are public records and subject to disclosure. The proposed new policy would encourage Directors to use their District email account for District-related communications.

No action was taken and the proposed policy will be revised and brought back to the Board for consideration.

#### 4.d. Consider Adoption Of 2017-2020 Strategic Plan

Mr. Michelson announced that all revisions have been made as suggested by the Board and he requested adoption of the 2017-2020 Strategic Plan.

**Motion:** To adopt the 2017-2020 Strategic Plan as presented.

By: Director Faro

Seconded by: Director Shefren

Vote: 4-1 with Director Hickey opposed

**Motion Passed** 

#### 4.e. Consider Adoption of Proposed Budget For Fiscal Year Ending June 30, 2018

Mr. Michelson anticipates total revenue to be approximately \$15.7 million for 2017-18 mostly from increased tax revenue. Overall administration expense decreases largely due to no election this year.

Referring to the \$2.484 million earmarked for TBD Programs or Grants, Director Shefren suggested that when the Affordable Care Act is repealed there are going to be increased needs within our District, perhaps again paying towards the Children's Health Initiative and we should consider these funds as insurance to be balanced against any potential new programs. Mr. Michelson reported that the county is holding over \$6 million in reserve under CHI with the District's portion estimated between \$1-\$1.5 million. If those funds come back to the District they could be used to fund CHI if it is renewed or other current programs. He will learn more within the next few weeks and report back at the August meeting.

Motion: To approve the proposed budget for fiscal year ending June 30, 2018.

By: Director Shefren

**Seconded by:** Director Faro

Vote: 4-1 with Director Hickey opposed

**Motion Passed** 

#### 4.f. Employee Benefits Discussion

Mr. Michelson reported that employee benefits have not been reviewed in four years and costs have gone up significantly. President Kane, Director Faro and Mr. Michelson will gather information from other community districts to review what they pay toward employee benefits and present their findings and recommendations at the August board meeting.

#### 4.g. Director Requests for Future Agenda Items per Board Policy 8.3

Director Shefren asked that staff produce a report on the HeartSafe program reviewing where we started, where we are now and recommendations for the future. Mr. Michelson responded that the HeartSafe program is already scheduled for review in October.

Director Hickey would like to have the CEO's position placed on the agenda. Director Shefren agreed with the request.

#### 5.a CEO Report

In addition to Mr. Michelson's staff report, he provided an investment report showing performance year to date. Jeff MacDonald of Fiduciary Trust will be asked to attend the August board meeting to discuss the performance and answer Director questions.

Mr. Michelson reviewed his "Uncommitted dollars" report outlining nine projects which could eventually come forward with requests for funding.

#### 5.b Healthy Schools/Caring Community Grants

Ms. Kurtzman provided the Board with an update on mental health services for teens. The "Headspace" teen mental health drop-in center could possibly use the Boys and Girls Club facilities in Redwood City.

The Community Grants reception will be on June 22 at the JPCC this year.

#### 5.c HeartSafe Report

Mr. Michelson reported that the infant CPR program is a huge success and we are looking into increasing the number of classes.

#### 6. Adjourn to Closed Session

Adjourn to Closed Session For The Purpose Of: Discussing one potential litigation matter.

#### 7. Reconvene to Open Session

Reconvene to Open Session. There was no reportable action taken in closed session.

#### 8. Adjourn

Motion: At 7:13 PM adjourn meeting.

By: Director Kane

Seconded by: Director Griffin

All in favor Motion Passed

The next regular meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, August 2, 2017, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Jerry Shefren Secretary

# MINUTES OF SPECIAL MEETING BOARD OF DIRECTORS SEQUOIA HEALTHCARE DISTRICT July 19, 2017 Conference Room, 525 Veterans Boulevard

rence Room, 525 Veterans Bouleva Redwood City, CA 94063

Directors Present	Directors Excused	Also Present
Director Faro		Mr. Michelson, CEO
Director Griffin		Mr. Hudak, Legal Counsel
Director Hickey		Ms. Johnson, Recorder
Director Kane		
Director Shefren participated		
by teleconference		

#### 1. Call to Order

President Kane called the meeting to order at 4:30 PM.

#### 2. Public Comment/Non-Agenda Items

President Kane asked if there was public comment on non-agenda items. Ms. Kurtzman introduced Jenny Bratton, the District's newest staff member. She will be assisting with Healthy Schools, Community Grants and the website.

#### 3.a. District's Response to the Grand Jury Report of June 19, 2017

Mr. Michelson reported that the District does not belong to the Special District Foundation and it would cost \$6,000 to join in order to apply for their transparency certificate as recommended by the Grand Jury. Since the District received ACHDs best practice in governance aware he suggests that the District not apply for the SDLF transparency certificate.

**Motion:** To approve the District's response as presented in the Board packet.

By: Director Faro

Seconded by: Director Griffin

Roll Call Vote: 4-1 with Director Hickey opposed.

**Motion Passed** 

#### 3.b. Consider New Board Policy 26 - Use of District Email Accounts

Mr. Hudak reported that this revised policy addresses the concerns voiced at the June meeting. It is consistent with recent legal rulings to insure that directors have an easy path to using the District email accounts. If a director chooses not to use district email, they must provide written notification.

Motion: To approve new Board Policy 26

By: Director Hickey

Seconded by: Director Shefren

Roll Call Vote: 5-0 Motion Passed

#### 4. Adjourn to Closed Session

Adjourn to Closed Session For The Purposes Of: Discussing one potential litigation matter with legal counsel and Public Employee Appointment - Chief Executive Officer

#### 5. Reconvene to Open Session

Reconvene to Open Session. There was no reportable action taken in closed session.

#### 6. Consider Approving Executive Search Agreement with WIPFLI

Motion: That the District not approve the agreement with WIPFLI.

By: Director Faro

Seconded by: Director Kane

Roll Call Vote: 5-0 Motion Passed



#### 7. Adjourn

Motion: At 5:35 PM adjourn meeting.

By: Director Kane

Seconded by: Director Griffin

All in favor Motion Passed

The next regular meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, August 2, 2017, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Jerry Shefren Secretary

# SEQUOIA HEALTHCARE DISTRICT Balance Sheet Fiscal Year 2016-17

	July	August	September	October	November	December	January	February	March	April	May	June
ASSETS												
Current Assets												
Cash (WF-MMA)	\$ 4,569,349.91 \$	3,769,867.54 \$	2,870,295.36 \$	2,470,641.32 \$	2,970,974.71 \$	7,321,572.07 \$	6,022,445.28 S	5,423,106.25 \$	4,823,760.20 \$	7,924,544.81 \$	7,525,526.49 \$	7,026,433.80
Cash (WF)	111,103.00	80,255.84	153,204.84	72,457.51	161,694.24	438,020.76	431,936.80	33,187.98	709,429.75	171,535.38	353,103.00	3,499.56
Cash from Investments	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70	540,995.70
Cash Equivalents	9,891,507.51	9,886,061.51	9,892,215.51	9,888,581.51	9,849,917.51 -	9,855,637.51	9,875,039.51	9,891,275.51	9,898,594.51	9,923,016.51	9,938,268.51	9,937,800.51
Accounts Receivable	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	39,499.12
Total Current Assets	15,112,956.12	14,277,180.59	13,456,711.41	12,972,676.04	13,523,582.16	18,156,226.04	16,870,417.29	15,888,565.44	15,972,780.16	18,560,092.40	18,357,893.70	17,548,228.69
Prepaid Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	4,610.00
Total Other Assets	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	4,610.00
Property, Plant & Equipment												
Land	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00
Land Improvements	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05
Buildings	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30
Building Improvements	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57	527,129.57
Tenant Improvements	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29
Improvements-Classroom	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44
Equipment	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18	68,615.18
Furniture	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91
Accumulated Depreciation	(1,818,319.59)	(1,824,439.34)	(1,830,559.09)	(1,836,678.84)	(1,842,798.59)	(1,848,918.34)	(1,855,038.09)	(1,861,157.84)	(1,867,277.59)	(1,873,397.34)	(1,879,517.09)	(1,885,636.84)
Net Property/Plant/Equipment	636,676.15	630,556.40	624,436.65	618,316.90	612,197.15	606,077.40	599,957.65	593,837.90	587,718.15	581,598.40	575,478.65	569,358.90
Total Assets	15,749,632.27	14,907,736.99	14,081,148.06	13,590,992.94	14,135,779.31	18,762,303.44	17,470,374.94	16,482,403.34	16,560,498.31	19,141,690.80	18,933,372.35	18,122,197.59
LIABILITIES & FUND BALANCE												
Current Liabilities	ć 3.7E0.00	0.80	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00.0	40.074.44
· · · · · · · · · · · · · · · · · · ·	\$ 3,750.00	0.00	0.00		0.00	0.00	0.00		0.00	0.00	0.00 \$	19,974.46
Deposit Payable	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00
Grants Payable	1,957,209.04	1,217,585.87	1,216,906.28	1,216,906.28	1,042,906.28	1,042,906.28	116,906.28	73,906.28	73,906.28	73,906.28	73,906.28	2,073,310.76
Healthy School Grants Payable	0.00	0.00	0.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00	726,422.18
Total Current Liabilities	1,964,124.04	1,220,750.87	1,220,071.28	1,220,071.28	1,046,071.28	1,046,071.28	120,071.28	77,071.28	77,071.28	77,071.28	77,071.28	2,822,872.40
Fund Balances												
Invested in Capital Assets	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00	639,630.00
Fund Balance	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07	14,365,210.07
Net Surplus/Loss	(1,219,331.84)	(1,317,853.95)	(2,143,763.29)	(2,633,918.41)	(1,915,132.04)	2,711,392.09	2,345,463.59	1,400,491.99	1,478,586.96	4,059,779.45	3,851,461.00	294,485.12
Total Fund Balance	13,785,508.23	13,686,986.12	12,861,076.78	12,370,921.66	13,089,708.03	17,716,232.16	17,350,303.66	16,405,332.06	16,483,427.03	19,064,619.52	18,856,301.07	15,299,325.19
Total Liabilities & Fund Balance	15,749,632.27	14,907,736.99	14,081,148.06	13,590,992.94	14,135,779.31	18,762,303.44	17,470,374.94	16,482,403.34	16,560,498.31	19,141,690.80	18,933,372.35	18,122,197.59

#### SEQUOIA HEALTHCARE DISTRICT Income Statement Fiscal Year 2016-17

															Variance	ė
	July	August	September	October	November	December	January	February	March	April	May	June	Year to Date	Budget 16-17	Amount	Percent
INCOME																
Rental Income	3,850.34	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	4,004.36	47,898.30	48,048.00	(149.70)	-0.3%
Tax Revenue	0.00	0.00	25,205.36	6,844.23	1,019,782.42	4,998,673.86	96,269.18	738,579.60	586,106.09	2,891,168.81	346,366.38	1,108,505.93	11,817,501.86	11,000,000.00	817,501.86	7.4%
Investment Income	4,014.00	(5,446.00)	6,154.00	(3,634.00)	(38,664.00)	5,720.00	19,402.00	16,236.00	7,319.00	24,422.00	15,252.00	(468.00)	50,307.00	150,000.00	(99,693.00)	-66.5%
Interest Income	651.76	521.48	430.60	347.42	336.57	608.42	879.36	666.30	656.12	787.31	984.59	914,24	7,784.17	7,700.00	84.17	1.1%
Pension Income	0.00	0.00	0.00	0.00	0.00	3,800,000.00	0.00	0.00	0.00	0.00	0.00	0.00	3,800,000.00	3,800,000.00	-	0.0%
Total Income	8,516.10	(920.16)	35,794.32	7,562.01		8,809,006.64	120,554.90	759,486.26	598,085.57	2,920,382.48	366,607.33	1,112,956.53	15,723,491.33	15,005,748.00	717,743.33	4.8%
EXPENSES																
															-	
Administrative Expenses Admin. Expense	511.35	734.70	794.94	561.16	550.01	909,85	855.56	682,55	597.41	471.61	2,002.84	1,155.06	9,827,04	12,000,00	2,172,96	18.1%
Admin. Expense	20,673,20	18,093,25	17,925.85	17,925.85	17,925,85	32,922.56	19,623.73	19,417.60	19,360.46	19,522.10	19,360.45	30,907,39		240,000.00		
													253,658.29		(13,658.29)	-5.7%
Board Health Insurance	2,712.88 2,985.70	2,747.99 3,780.17	2,259.29	6,410.16	1,502.88	6,101.53	2,419.92	2,860.47	11,620.50	2,677.11	1,796.93	16,463.60	59,573.26	68,000.00	8,426.74	12.4%
Employee Health Insurance			3,780.17	2,255.03	3,780.17	4,150.61	2,014.73	5,974.47	6,845.95	3,407.08	5,495.43	3,632.48	48,101.99	40,000.00	(8,101.99)	-20.3%
Employee Retirement Benefit	1,509.58	1,376.36	1,376.36	1,376.36	1,376.36	2,356,17	1,583.52	1,406.78	1,406.78	1,406.78	1,406.78	2,098.26	18,680.09	21,000.00	2,319,91	11.0%
Investment Fees	0.00	0.00	0.00	7,071.55	3,750.00	0.00	7,070.89	3,750.00	0.00	0.00	10,802.85	0.00	32,445.29	46,000.00	13,554.71	29.5%
Office Supplies/Equip Maint	1,144.19	47.53	241.17	290.68	964.09	205.87	779.95	376.19	258.72	903.24	2,077.56	663.37	7,952.56	11,000.00	3,047.44	27.7%
Purchase Services	0.00	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	0.00	16,830.25	16,830.25		(16,830.25)	
Accounting fees	0.00	0.00	15,000.00	0.00	0.00	3,000.00	0.00	0.00	0.00	0.00	0.00	0.00	18,000.00	21,000.00	3,000.00	14.3%
Board Expense	0.00	0.00	50.60	30.14	0.00		0.00	80.29	375.00	487.55	61.55	36.10	1,437.15	6,500.00	5,062.85	77.9%
Associations/Membership	7,500.00	0.00	10,000.00	0.00	0.00		0.00	0.00	0.00	325.00	0.00	0.00	17,825.00	18,000.00	175.00	1.0%
Communications	0.00	475.00	0.00	25,040.63	587.28	275.99	240.35	0.00	0.00	0.00	1,056.80	0.00	27,676.05	30,000.00	2,323,95	7.7%
Web Site/IT	1,700.00	3,145.00	4,186.54	4,873.83	4,701.50	12,353.00	4,044.00	4,305.00	7,267.70	5,239.31	4,834.00	5,854.00	62,503.88	66,000.00	3,496.12	5.3%
Gen'l Liability & D/O insurance	29,191.04	(1,000.00)	0.00	(197.00)	0.00		(88.57)	(895.00)	0.00	0.00	(1,000.00)	0.00	25,010.47	29,000.00	3,989.53	13.8%
Election Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	261,297.52	0.00	0.00	0.00	261,297.52	150,000.00	(111,297.52)	-74.2%
LAFCO fees	0.00	0.00	0.00	5,783.00	0.00		0.00	0.00	0.00	0.00	0.00	0.00	5,783.00	8,500.00	2,717.00	32.0%
Legal Fees	0.00	0.00	9,066.00	0.00	4,470.00	1,485.00	2,250.00	1,440.00	1,035.00	2,295.00	4,320.00	9,720.00	36,081.00	25,000.00	(11,081.00)	-44.3%
Bank Fees	0.00	0.00	0.00	0.00	0.00	30.00	0.00	0.00	0.00	0.00	0.00	0.00	30.00	100.00	70.00	70.0%
Total Admin. Expenses	67,927.94	29,400.00	64,680.92	71,421.39	39,608.14	63,106.50	40,794.08	39,398.35	310,065.04	36,734.78	52,215.19	87,360.51	902,712.84	792,100.00	(110,612.84)	-14.0%
Pension Plan Expense	0.00	0.00	0.00	0.00	0.00	3,800,000.00	0.00	0.00	0.00	0.00	0.00	0.00	3,800,000.00	3,800,000.00	0.00	0.0%
Total Admin. With Pension Plan	67,927.94	29,400.00	64,680.92	71,421.39	39,608.14	3,863,106.50	40,794.08	39,398.35	310,065.04	36,734.78	52,215.19	87,360.51	4,702,712.84	4,592,100.00	(110,612.84)	-2.4%
Property Expenses																
Maintenance	1,165.00	944.46	1,486.80	1,780.00	1,157.00	1,629.46	1,449.88	1,292.81	3,061.33	2,916.88	1,290.00	2,736.91	20,910.53	22,500.00	1,589.47	7.1%
Utilities	1,269.07	2,493.86	3,137.65	2,443.19	2,239.46	1,672.04	2,501.42	2,123.30	2,448.49	2,241.81	2,216.50	3,033.55	27,820.34	30,000.00	2,179.66	7.3%
Property Insurance	1,573.72	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,573.72	2,000.00	426,28	21.3%
Depreciation	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	6,119.75	73,437.00	73,000.00	(437,00)	-0.6%
Total Property Expenses	10,127.54	9,558.07	10,744,20	10,342.94	9,516.21	9,421.25	10,071.05	9,535.86	11,629.57	11,278.44	9,626.25	11,890,21	123,741.59	127,500.00	3,758,41	2.9%

#### SEQUOIA HEALTHCARE DISTRICT Income Statement Fiscal Year 2016-17

															Variance	e
	July	August	September	October	November	December	January	February	March	April	May	June	Year to Date	Budget 16-17	Amount	Percent
Grant Expenses																
Grant Admin Expenses	501.40	165.92	832.52	18,022.39	572.23	297.38	1,523.68	714.44	3,435.15	397.59	1,069.44	13,908.60	41,440.74	45,000.00	3,559.26	7.9%
Grant Admin Payroll	7,049.07	6,116.62	6,074.76	6,074.77	6,074.62	10,335.10	6,509.76	6,419.57	6,419.56	6,419.56	6,419.56	10,053.48	83,966.43	80,000.00	(3,966.43)	-5.0%
SFSU Nursing Program	0.00	0.00	627,054.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	627,054.00	613,000.00	(14,054.00)	
Samaritan House Grant	170,644.00	0.00	0.00	170,644.23	0.00	0.00	170,644.23	0.00	0.00	0.00	56,881.42	113,762.83	682,576.71	683,000.00	423.29	0.1%
Other Grants	3,000.00	10,000.00	320.00	8,500.00	0.00	1,633.50	3,769.87	0.00	9,379.38	8,456.30	11,397.84	26,156.81	82,613.70	90,000.00	7,386.30	8.2%
San Mateo Medical Ctr. So County	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	138,053.50	0.00	0.00	398,946.50	537,000.00	537,000.00	0.00	0.0%
Ravenswood	0.00	0.00	0.00	0.00	0.00	0.00	0.00	350,000.00	0.00	0.00	0.00	350,000.00	700,000.00	700,000.00	0.00	0.0%
Community Grants Program	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2,090,000.00	2,090,000.00	2,100,000.00	10,000.00	0.5%
Mission Hospice	500,000.00	0.00	0.00	0.00	0.00	0.00	. 0.00	0.00	0.00	0.00	0.00	0.00	500,000.00	500,000.00	0.00	0.0%
PFS-Sequoia 70	100,000.00	0.00	0.00	178,381.50	2,336.25	0.00	0.00	191,533.19	0.00	0.00	187,433.18	100,516.25	760,200.37	813,000.00	52,799.63	6.5%
Oral Health Coalition	0.00	0.00	0.00	0.00	0.00	0.00	0.00	50,000.00	0.00	0.00	0.00	0.00	50,000.00	50,000.00	0.00	0.0%
2016-17 New Grants & Programs	0.00	0.00	0.00	10,000.00	0.00	0.00	0.00	400,000.00	0.00	0.00	0.00	400,000.00	810,000.00	1,100,510.00	290,510.00	26.4%
Total Grant Expenses	781,194.47	16,282.54	634,281.28	391,622.89	8,983.10	12,265.98	182,447.54	998,667.20	157,287.59	15,273.45	263,201.44	3,503,344.47	6,964,851.95	7,311,510.00	346,658.05	4.7%
Program Expenses						- 4 = 50	244.22		2 442 22	0 10 1 0 1	2 242 22	4 000 00	25 (72 25	50 000 00	00 200 05	30 E8
Living Healthy	0.00	2,063.03	3,991.45	6,662.30	5,167.53	2,147.50	216.00	2,721.85	3,413.92	3,424.84	3,962.20	1,909.33	35,679.95	58,000.00	22,320.05	38.5%
HeartSafe Admin Expense	20,000.00	145.00	275.30	604.56	75.00	75.00	370.31	75.00	2,389.42	292.23	460.11	189.53	24,951.46	39,000.00	14,048.54	36.0%
HeaftSafe Payroll	5,323.43	4,808.24	4,808.24	4,808.24	4,808.22	7,212.31	5,163.64	5,059.73	4,999.90	4,999.90	4,999.91	7,499.89	64,491.65	64,000.00	(491.65)	
HeaftSafe Training & Equipment	2,033.63	59.28	1,852.13	31.05	10,655.42	242.42	267.93	0.00	0.00	235.49	0.00	2,711.49	18,088.84	31,000.00	12,911.16	41.6%
School Health Admin	300.00	425.00	1,650.71	775.54	3,647.61	1,399.92	2,938.43	2,150.00	21,482.54	520.98	1,715.79	5,347.52	42,354.04	35,000.00	(7,354.04)	
School Health Payroll	7,825.93	8,310.72	8,894.43	7,448.22	8,642.01	10,969.63	8,049.44	8,345.12	7,982.62	8,270.12	7,570.12	11,817.70	104,126.06	160,930.00	56,803.94	35.3%
School Health Grants	333,115.00	45,757.07	130,525.00	4,000.00	175,569.74	275,642.00	236,164.98	638,504.75	740.00	258,159.76	231,174.77	965,855.13	3,295,208.20	3,300,560.00	5,351.80	0.2%
Total Program Expenses	368,597.99	61,568.34	151,997.26	24,329.91	208,565.53	297,688.78	253,170.73	656,856.45	41,008.40	275,903.32	249,882.90	995,330.59	3,584,900.20	3,688,490.00	103,589.80	2.8%
Total Expenses	1,227,847.94	116,808.95	861,703.66	497,717.13	266,672.98	4,182,482.51	486,483.40	1,704,457.86	519,990.60	339,189.99	574,925.78	4,597,925.78	15,376,206.58	15,719,600.00	343,393.42	2.2%
Net Surplus/Loss	(1,219,331.84)	(117,729.11)	(825,909.34)	(490,155.12)	718,786.37	4,626,524.13	(365,928.50)	(944,971.60)	78,094.97	2,581,192.49	(208,318.45)	(3,484,969.25)	347,284.75	(713,852.00)		



#### Fiduciary Trust Provides HNW Investors & Institutions Efficient Investment Management

#### **Fully Integrated Investment Manager**

- Client-driven, proven approach to investment management for over 80 years—across economic and market cycles
- Disciplined time-tested investment management approaches seeking to deliver tax-efficient, risk-adjusted returns
- Innovative solutions for our clients designed by dedicated teams of investment, trust and estate, and tax professionals with average experience of over 20 years

#### Global Investment Platform

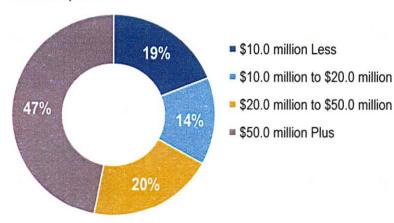
- Access to proprietary research and insights developed by investment professionals on six continents
- Robust, efficient operations and technology supporting our dedicated experts and service teams
- Outstanding reputation for integrity, the quality of people and their results

#### **Custom Solutions For Each Client**

- Tailored solutions designed by dedicated Portfolio Manager and team of advisory professionals
- Client-first mindset and execution, serving as fiduciaries since our founding as a trust company in 1931
- Benefit driven, straightforward advice and transparent communications

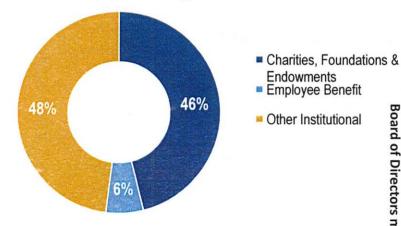
#### **Expertise In Serving a Broad Range Of Clients**

Assets by Relationship Size\*



#### **Experience In Providing Institutional Investment Management**

Institutional Assets (AUM) by Account Type\*



### Fiduciary Trust International

#### **Sequoia Healthcare District**

#### **Investment Policy Summary**

- 1. U.S. Treasuries
- U.S. Agencies
- Bankers Acceptances Up to 40% of District's surplus money can be invested in Bankers Acceptances
- Certificates of Deposit Up to 30% of District's surplus money can be invested in Certificates of Deposit
- Asset-Backed Securities Exposure not to exceed 20% of portfolio; issuers must be rated 'AA' or better by Moody's or S&P
- Commercial Paper Exposure not to exceed 15% of portfolio; issuers' short-term rating must be at least A1/P1
- Corporate Bonds Exposure limited to 30% of portfolio; issuers must be rated 'A' or better by Moody's or S&P; companies must be within United States
- 8. Municipals California Only
- 9. General:
  - 20% maximum exposure per issuer (except U.S. Treasuries and Governments)
  - 30% maximum per industry (except U.S. Treasuries, Governments and LAIF)
  - Maximum average maturity for the portfolio is 5 years
  - Maximum security maturity is 5 years, 40% greater than 5 years
  - Minimum security credit quality is A/A

#### Fiduciary's Approach to Fixed Income Investment Management

- 1. Preservation of Capital
- 2. Maintenance of Liquidity
- 3. Yield (Income)
- Total Return

#### Fees

First \$5 million in Market Value	0.35%
Balance of Market Value	0.20%
Annual Minimum Fee	\$25,000

#### Portfolio Overview

Sequoia Healthcare District \$10,490,936				
1.51%				
\$175,000				

#### **Duration Distribution**

Total	100.0%		
5.1-7.0 Years	1.5%		
3.1-5.0 Years	9.9%		
1.1-3.0 Years	58.6%		
0-1.0 Years	30.0%		

#### Types of Issues

Discount Control of the Control of t	0.50/
Reserves	2.5%
General Obligations	9.5%
Revenues	13.9%
Treasuries	27.4%
Agency	6.2%
Corporates	29.9%
CMBS/ABS	10.6%
Total	100.0%

#### **Quality Distribution**

Aaa (includes reserves)	49.6%
Aa	29.5%
A	19.2%
Baa	1.7%
Total	100.0%

Middlefield Junction: An introduction

Middlefield Junction is the area in North Fair Oaks in the 2500-2600 block of Middlefield that currently consists of a library, community center/day care center, government office building and medical clinic. It also features a large empty lot directly behind the medical clinic.

The proposal is to replace or revive the library, community center, day care center and to build housing and a health and wellness center. This is a joint project between the city of Redwood City, the county of San Mateo and ideally several other organizations including Sequoia Healthcare District and a host of private supporters, which could include Stanford, Kaiser, and various Foundations and corporations.

This is a long-term project (3-7 years) to revitalize the area and to bring services to a community of residents where the facilities are outdated and there is a lack of sufficient low-income housing.

SHD has been asked to participate in the planning at the executive level and to take a leadership role in developing/helping to fund the health and wellness center. The expected cost would be around \$4 million.

Heather Peters the project coordinator will attend the Board meeting to give an overview, a progress report and to answer questions.

#### Lease Information:

- 1. The tenant lease with Bedrosian Insurance terminates on October 7, 2017. They have been paying about \$4,000 a month for 5 offices, a reception area, a kitchen and a supply room.
- 2. For the past year Bedrosian has been sub-leasing one office to Standard Body Services and 3 of the offices have been mostly empty. Standard has been paying Bedrosian for the space.
- 3. Both Bedrosian and Standard request to stay and have proposed the following:
  - Bedrosian would maintain one office and the reception area for \$2,000 per month. They would like a 3-year lease with an option for two additional years.
  - Standard would maintain one office for \$1,700 a month and would lease directly with SHD for the same time period.
  - Three additional offices are still available for either use by SHD or rental.

Requested action: That the Board authorize the District CEO to enter into a lease arrangement with both parties for the period of October 2017 - September 2020 at the stated amounts. All contracts would be reviewed by the SHD legal counsel before signing.

Benefits Committee: July 2017

Members: Katie Kane, Art Faro and Lee Michelson

#### **Recommendations**

- 1. Employee health insurance: raise to up to \$1,650 per month with employees responsible for 5% and District 95%. Employees responsible for premiums exceeding \$1,650.
- 2. Board health insurance: keep as is, no change.
- 3. Annual review: Board shall review health benefits on an annual basis to determine if an adjustment needs to be made.
- 4. In-lieu: raise to \$400 a month
- 5. Effective date: September 1, 2017

Current benefits policies of several California Healthcare Districts (includes health, vision, dental):

- 1. Sequoia Healthcare District: up to \$1,500 a month. District pays 90% and employee pays 10% of monthly premium, and 100% of costs above the \$1,500 threshold. Employee can opt out and receive a \$200 in–lieu monthly cash benefit. The policy was changed 4 years ago in 2013. Employees are eligible for benefits after a 90 day probationary period. Life insurance policy of \$50,000 is separate and costs \$127- \$183 per month.
- 2. <u>Peninsula Healthcare District</u>: They have no premium allowance limit. Currently, the highest premium is at \$2,000 per month. District pays 95% and employee 5%. No in-lieu option. Amount changes annually with the market. 90 day probationary period.
- 3. <u>Camarillo Healthcare District</u>: They have a flat \$790 per month per employee and the District pays 100% of that. The Employee is responsible for costs above \$790 a month, or can opt out for \$200 per month reimbursement. Last change about 8 years ago. No 90 day probationary period. Benefits start on the first month after the hire date.
- 4. <u>Eden Healthcare District</u>: same benefits as Sequoia Healthcare District.
- 5. <u>Petaluma Healthcare District</u>: \$1,500 a month per employee minus 5% paid by employee but this also covers life insurance.
- 6. <u>Desert Healthcare District</u>: They offer health insurance up to \$800 for a single person and up to \$1,600 for a married person or one with dependents.

Note: According to Ron Bedrosian the average group policy has increased by 40% which, if adjusted, would bring our premium allowance to \$2,100 a month minus 10 %, so \$1,890 a month.

#### CEO Report: Lee Michelson - August 2017

- 1. 70 Strong: The program was featured in the Mercury News. We have just completed the first 6 months of service and the program is now fully staffed.
- 2. Samaritan House Food Pharmacy: The project has been very successful and has been adopted by the Samaritan House Clinic in San Mateo see attached report from Dr. Jason Wong.
- 3. Oral Health Coalition: We are working on several projects including an education project on the importance of primary teeth (baby teeth) and an in-home teeth cleaning project for Meals on Wheels clients.
- 4. ACHD: I will be participating in the strategic planning sessions August 8-10 in Monterrey. All expenses will be paid by ACHD.
- 5. Living Healthy Workshops: We have scheduled five new 6-week classes for this fall at various locations throughout the District. We anticipate 16 participants per class.
- 6. Audit: The audit of the 2016-17 fiscal years will be done the week of August 7-11.
- 7. LAFco: The official presentation of the MSR will be on September 20 at 2:30pm. Everyone is welcome to attend and comment.
- 8. Magical Bridge Playground: The fundraising campaign has been successfully completed and a groundbreaking ceremony will be held in late October. SHD will be the official of the spinning area.

# SAMARITAN H O U S E

#### Update on the Food Pharmacy for the Sequoia Healthcare District

The Food Pharmacy at the Samaritan House Redwood City Clinic, the first of its kind in California, opened on January 27, 2016 as a collaborative program with the Sequoia Healthcare District, Samaritan House, and Second Harvest Food Bank. The concept is to leverage the influence of a physicians' prescription to

support patients with diabetes and their families with the healthy food and nutrition education they need to manage their condition. The patients can access the food pharmacy every week to get enough healthy food for themselves and their family.

#### Update:

As of June 2017, there were 200 patients enrolled in the Redwood City food pharmacy program. In February, 2017 we opened the food pharmacy services to physicians and patients at the Fair Oaks Health Center, part of the county clinic system. They now account for 25% of our enrolled patients. We are distributing on average 400-450 bags of food to 75-85 families (~300 total persons) each month. We have a volunteer dietitian providing education weekly to our patients, and a nutritionist who gives a food demonstration with items from the food pharmacy about once a month. We are collecting clinical outcomes data on patients using the food pharmacy and can report some preliminary outcomes. The clinic garnered positive news coverage of the food pharmacy.<sup>1</sup>

#### Impact: Family involvement

From the outset, we believed that involvement of the entire family would be crucial in the success of our patients making the necessary changes in their diet and lifestyle. We have many anecdotal stories from patients about how the food pharmacy has helped their family and how their children have become aware of healthy eating and are even participating in cooking meals with the parents. We believe this involvement is the way to create long-lasting changes.

#### Impact: Control of diabetes

Patients are showing impressive improvements in their control of diabetes after enrollment in the program. When compared to baseline levels, the patients show improvements equivalent to that of taking another oral medication<sup>2</sup>, which is effectively **doubling the impact** of treatment for patients on monotherapy. Studies have demonstrated that similar levels of diabetes improvement lead to risk reductions of 21% for deaths related to diabetes and 37% for microvascular complications (like blindness or kidney damage.)

SJ Mercury News-Free fruits and veggies for low-income diabetics KTVU-Redwood City opens food pharmacy for low-income diabetes patients

<u>Video-KTVU's Claudine Wong visits the first of its kind, Food Pharmacy in Redwood City</u>

(The Food Pharmacy piece starts around 2:25 min)

Pen Voice - Interview with Bart Charlow

Peninsula Press-Investing in food as medicine: Food pharmacies debut from coast to coast

<sup>&</sup>lt;sup>1</sup> A partial list of news coverage:

<sup>&</sup>lt;sup>2</sup> HbA1c changed from 9.2 to 8.1

#### Impact: Weight loss

Although weight loss was not a primary goal of the food pharmacy, the patients have shown on average a 2.5% weight loss on the program. About half of the patients have lost some weight, with 30% losing between 1-5 lbs and another 10% losing between 6-10 lbs. This is quite a remarkable result from simply assuring that patients have access to healthy food and nutritional education.

#### Future:

We look forward to continuing and expanding the food pharmacy program. We are currently in exploratory discussions about opening the food pharmacy to a neighborhood clinic serving children, as well as working with volunteers to analyze our data in more detail.





July 21, 2017

The Honorable Pedro Nava Chair, Little Hoover Commission 925 L Street, Suite 805 Sacramento, CA 95814

Re: Little Hoover Commission Potential Recommendations

Dear Chairman Nava:

The Association of California Healthcare Districts (ACHD) appreciates the opportunity to follow up with the Little Hoover Commission on the potential recommendations for special districts provided as part of the roundtable meeting held on June 22, 2017. First, I would like to respond to the recommendations focused directly on Healthcare Districts. As previously reported to the Commission, ACHD has been, and continues to be, proactively working to address challenges facing Healthcare Districts through a comprehensive strategic working group. As you are aware, this includes consideration of public policy changes that will enable Districts to improve and enhance their engagement with the community and governance practices.

In continuing this effort, under the direction of the ACHD Board of Directors, the ACHD Working Group's Healthcare District Law Subcommittee recently began the process of reviewing and modernizing the current Healthcare District enabling act - Health & Safety Code section 32000. During our initial review, the Subcommittee agreed to three guiding principles that will enable Districts to improve and enhance governance practices and engagement with the community.

It is important to note that the Subcommittee is comprised of trustees, executives and high-level staff from a cross-section of Healthcare Districts throughout the state, combined with representatives from collaborating Associations, such as the California Special Districts Association and the District Hospital Leadership Forum. This group has agreed to work in a collaborative manner with the shared goal of all Associations supporting the outcome.

While the Commission's draft recommendations were largely based on ACHD's original Working Group strategic recommendations, the group has continued to work toward efforts to ensure that the policy changes sought by ACHD are inclusive of all Districts, recognizing that a one-size-fits-all approach is not feasible. This evolution in thinking has led us to re-evaluate the needs assessment requirement, and discuss alternative approaches, through a menu of options, of which a needs assessment may be one option, in which each District can assess and address local needs while demonstrating transparency and accountability to their communities and local agency formation commission (LAFCO). Healthcare Districts, especially those operating acute care facilities and related programs, already provide ongoing scheduled comprehensive reports to various State and Federal agencies; that we believe demonstrate accountability and transparency for these activities. This leads our organization to recognize that while we are committed to transparency and accountability, a single approach may not be appropriate or advisable for all of our members.

Additionally, the Subcommittee is discussing the scope and role of Healthcare Districts to be codified in the Healthcare District Law enabling act. Again, with the unique nature of Healthcare Districts in mind, this discussion is intended to develop, as may be needed, language that is inclusive of all service provider types of Districts, while still assuring their broad statutory authority to be innovative, nimble, and continue to evolve and adapt to the future health needs of different local communities. We respectfully request that the potential recommendations focused on Healthcare Districts be amended to reflect the evolution of our efforts as outlined above.

In response to the overall recommendations for all special districts regarding governance and transparency, ACHD is largely supportive of most of the proposed recommendations. However, we would like to address the following:

- 1. **Augmenting LAFCO funding with property tax funds:** While ACHD fully supports additional resources and funding for LAFCOs, we do not support diverting property taxes away from delivery of local services, which would be the result of diverting local property tax revenue. Additionally, since not all special districts receive property taxes, this proposal would shift the financial burden to those Districts that do.
- 2. **Increase voter thresholds for dissolution of special districts:** ACHD believes that voters should have increased input when determining the fate of their special districts. Like CSDA, we would support a comprehensive review of the LAFCO vote thresholds before making any changes.
- 3. **Special district websites:** ACHD believes all Districts should have a relevant website for their constituents. In fact, ACHD is supporting AB 1728, authored by the Assembly Local Government Committee, which requires all Healthcare Districts to create and maintain a website that must include contact information for the District. However, ACHD is concerned about the current and increasing legislative requirements placed on those websites, and believe that a prescriptive, one-size-fits-all approach in this area is not feasible.
- 4. Climate Adaptation: We have as an overall concern that additional regulations, including those relating to climate change, could add significant additional costs to the already fragile operating environment facing our Districts. Therefore, we believe that additional regulations, without additional funding or the ability to retain flexibility in meeting any new requirement would have a negative impact and detract from service delivery.

Thank you for the opportunity to provide input on the draft recommendations for special districts. We appreciate the direct line of communication with Commission staff throughout this process, as well as your thoughtful review of special districts, and look forward to continued discussions as the final report is prepared.

Sincerely,

Amber King

Senior Legislative Advocate

Cc: Carole D'Elia, Executive Director, Little Hoover Commission

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- 3. **Special district websites:** ACHD believes all Districts should have a relevant website for their constituents. In fact, ACHD is supporting AB 1728, authored by the Assembly Local Government Committee, which requires all Healthcare Districts to create and maintain a website that must include contact information for the District. However, ACHD is concerned about the current and increasing legislative requirements placed on those websites, and believe that a prescriptive, one-size-fits-all approach in this area is not feasible.
- 4. Climate Adaptation: We have as an overall concern that additional regulations, including those relating to climate change, could add significant additional costs to the already fragile operating environment facing our Districts. Therefore, we believe that additional regulations, without additional funding or the ability to retain flexibility in meeting any new requirement would have a negative impact and detract from service delivery.

Thank you for the opportunity to provide input on the draft recommendations for special districts. We appreciate the direct line of communication with Commission staff throughout this process, as well as your thoughtful review of special districts, and look forward to continued discussions as the final report is prepared.

Sincerely,

Amber King

Senior Legislative Advocate

Cc: Carole D'Elia, Executive Director, Little Hoover Commission

#### Pamela Kurtzman Staff Report June-July 2017

#### **Activity Summary**

#### I. Healthy Schools Initiative Updates:

#### School Mental Health- update

- Palo Alto Medical Foundation (PAMF) and the SF Bay Area Chapter of the American Foundation for Suicide Prevention will offer free Mental Health First Aid Trainings for all schools in all 8 partner districts on August 6<sup>th</sup>. This all day training is designed to teach parents, family members, caregivers, teachers, peers, service workers, etc how to help an adolescent experiencing a mental health crises. The training is also open to any SHD staff and Board members who wish to participate.
- Our school-based mental health evaluation consultant, Mike Newlin, will present an
  update to the Board at our October District Board meeting or a special meeting to be
  held in September. Meanwhile, he continues to draft the formal data collection plan
  for Fall 2017- Winter 2018.
- California Healthy Kids Survey (CHKS), which is the largest statewide survey of resiliency, protective factors, risk behaviors, and school climate in the nation will be administered this fall in all our partner schools. This will include the new custom modules designed by our HSI team of Wellness Coordinators along with County Health and County Office of Ed staff. Results from this survey will help inform Mike Newlin's evaluation work to help guide the continuous development of effective health, prevention, and youth development programs for our young residents.
- Star Vista, one of our most utilized partners in supporting child and adolescence mental health in both our schools and our community, lost significant funding this June due to a redistribution of those funds by the Human Services Agency Children and Family Services (HSA CFS). The impact of the loss of these programs on our efforts to provide mental health services in the schools is concerning and we will look to Mike Newlin's work to help us make data driven decisions on how best to address new service gaps these funding cuts have created.

- Bringing the Australian-based model, "Headspace" teen mental health drop-in center
  to the Boys and Girls Club RWC to a full-service flagship location will not be feasible
  due to space constraints. We are still exploring the possibility of making it a satellite
  location offering strictly mental health services.
- Lee and I met with representatives from San Mateo Community College District on July 9 to discuss the mental health needs of their college students. Significant unmet needs may exist for this population and Lee and I will continue exploring this area with them over the next few months.

#### **HSI Grants**

- We will hold the grants reception for our school grantees on September 7<sup>th</sup> from 3p-5p here at our SHD offices. I will be sending you more information soon. I hope you will join us!
- 2016-17- A full update of the HSI outcomes will be provided at our September special Board meeting (date TBD)



#### Summer!

PE+ is in full swing at Hawes, Taft, John Gill, Fair Oaks, and Selby Lane this summer from June 19<sup>th</sup> to August 4<sup>th</sup>. Jenny and I visited the program at Selby Lane where we saw kids engaged in a fun game and running and laughing. They were clearly enjoying themselves.

#### II. Caring Community Grants

• 2017-18: We held our annual awards luncheon on June 22<sup>nd</sup> at PJCC. It was a terrific venue and wonderful having Kim and Katie join us along with all the members of our grants committee.

#### III. Healthy Kids

• The advisory committee met on July 21 where we discussed how best to spend the \$9M in reserves. With the uncertainty facing national healthcare today, the committee agrees to keep the funds in reserves through January 2018 in the event current state funding allocations for Healthy Kids get cut or redirected. Committee members were also invited to provide proposals for a collaborative project. If funds are not needed to fill gaps in care and a collaborative project is not identified by 2018, it is likely that remaining funds will be divided among funders based on a percent of their contribution over a several year period.

#### IV. Community/Additional Activities

 Lee and I attended ACHD Healthy You Healthy Community Wellness Summit in Sacramento July 13th

#### Committees

- o San Mateo County School Health Alliance Co-Chair (meets each month)
- o Redwood City School District Wellness Committee (Meets 2<sup>nd</sup> Tuesday each month)
- Sequoia Union High School District Wellness Advisory Committee (WAC) (meets 3<sup>rd</sup> Monday each month)
- o Belmont- Redwood Shores Wellness Committee (meets 3<sup>rd</sup> Thursday each month)
- o San Carlos School District Wellness Committee (meets 3<sup>rd</sup> Tuesday each month)
- Las Lomitas Wellness Committee (meets each month)
- South County Mental Health Collaborative (new fall meeting dates TBD)
- CHC Teen Mental Health Leadership Collaborative (Meets monthly)

# **HeartSafe Program**

Activity Summary for June & July 2017

#### **HeartSafe Region Task Force Meetings**

Attend and participate in regional planning and support.

#### AED / CPR Trainings - Over 215 persons trained

- Hawes School Staff
- SHD Infant CPR Classes
- D-Tech High School

- SHD Adult CPR Classes
- Redwood City School District Summer Interns

#### **AED / CPR Scheduled Trainings**

- Jasper Ridge Farm
- Redwood City Parks & Rec staff
- SHD Adult CPR Classroom sessions
- SHD Infant CPR Classroom Sessions

- Sports House
- Holy Trinity Lutheran Church
- Redwood City Library Staff
- Belmont Redwood Shores School District

#### F/Y 16-17 HeartSafe Programs and Persons Trained

Total number of CPR Programs: 136

Approximate number of persons trained: 3,067

#### **HeartSafe Program Training Goals**

In preparation for the FY 14/15 HeartSafe budget, staff prepared an executive summary and proposed program description. That report reflected the goals of the HeartSafe Program, and included discussion of the AED program, CPR training for the community, and other pertinent matters. Included in that report were CPR training goals for the program, specifically, an annual goal of 3,560 persons and a three-year goal of 10,680. Actual results are as follow:

F/Y		Persons trained
14/15		3,250
15/16		3,950
16/17		3,067
	Total	10,267

Three-year average: 3,422

### Family & Friends Photographs







