



**Sequoia
Healthcare
District**

525 Veterans Blvd.
Redwood City, CA 94063

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**A G E N D A
SEQUOIA HEALTHCARE DISTRICT
BOARD OF DIRECTORS MEETING
4:30, Wednesday, April 3, 2013
Conference Room
525 Veterans Boulevard, Redwood City, CA 94063**

- 1. Call To Order And Roll Call
- 2. Public Comment On Non-Agenda Items*
- ACTION 3. Consent Calendar - President Shefren
 - a. Approve February 6, 2013 Regular Meeting Minutes
 - b. Accept January And February 2013 Financial Statements
- 4. CEO/Staff Reports
 - a. CEO Report
 - b. Healthy Schools - Ms. Kurtzman & Ms. Gabet
 - c. HeartSafe - Mr. Nielsen
- ACTION 5. New Business
 - a. Consider Grant Committee Recommendations For 2013-2014 for Funding Caring Community Awards - Mr. Michelson
 - ACTION b. Consider Request From Samaritan House For \$600,000 Grant For Fiscal Year 7/1/2013-6/30/2014 - Ms. Kitty Lopez
 - ACTION c. Consider Subcommittee Recommendations To Revise Health Benefits for Directors And Employees - Director Kane and Mr. Michelson
 - ACTION d. Authorize Board President To Appoint A Strategic Planning Ad Hoc Committee - President Shefren
- 6. Adjourn.

A Special Meeting Of The Board Of Directors Is Scheduled For 4:30 PM, Wednesday, April 17, 2013, District Conference Room, 525 Veterans Blvd., Redwood City, CA 94063.

The Next Regular Meeting Of The Board Of Directors Of Sequoia Healthcare District Is Scheduled For 4:30 PM, Wednesday, June 5, 2013, District Conference Room, 525 Veterans Blvd., Redwood City, CA 94063


Jerry Shefren, Board President

*Public comment will be taken for each agenda item prior to the board's consideration on that item.

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 525 Veterans Blvd., Redwood City, CA, during normal business hours. Please telephone 650-421-2155 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Sequoia Healthcare District at least 48-hours in advance at 650-421-2155.

MINUTES OF THE ANNUAL MEETING
BOARD OF DIRECTORS
SEQUOIA HEALTHCARE DISTRICT
February 6, 2013
Conference Room, 525 Veterans Boulevard
Redwood City, CA 94063

Directors Present

Director Faro
Director Griffin
Director Hickey
Director Kane*
Director Shefren
*Via teleconference

Directors Excused

Also Present

Mr. Michelson, CEO
Mr. Hudak, Legal Counsel
Ms. Johnson, Recorder

1. Call to Order

By: President Griffin
Time: 4:30 PM

2. Public Comment/Non-Agenda Items

Sara Mitchell, the new Executive Director of StarVista, introduced herself and thanked the Board for their continued support.

President Griffin announced a change to the agenda in that item 5.a would be the next topic.

5.a Consider Request for Funding of SFSU/Cañada College/Sequoia Hospital Nursing Program for Fiscal Years July 2014-June 2019

Dr. Lynette Landry introduced representatives from SFSU and San Mateo County Community College District and spoke to the success of the program created 10 years ago by the District at the beginning of a severe national nursing shortage. Though the downturn in the economy led to a temporary decline in the demand for new nurses, Dr. Landry cited several recent studies finding that with the implementation of new healthcare laws, retirement of older nurses who remained in the workforce due to the recession and the growing requirement for nurses which bachelor's degrees, the demand for nurses is predicted to increase over the next several years.

Dr. Landry asked the Board to approve funding the nursing program with a smaller cohort for five years with a total budget of \$2,751,882. She added that the program partners are seeking additional funders with the goal of becoming self-sustaining at the end of the five year commitment.

A comprehensive discussion by board members followed Dr. Landry's presentation.

Motion: To approve a three year commitment for 32 new students at \$470,237 Budget Year 2014-15; \$597,653 Budget Year 2015-16 and \$613,192 for Budget Year 2016-17.

By: Director Shefren

Seconded by: Director Faro

President Griffin asked that consideration be given to amend the motion to fund 32 students for five years. Director Shefren declined.

Roll Call Vote: 3-2-0 Directors Hickey and Griffin opposed
Motion Passed

4. CEO/Staff Reports

In addition to the Michelson's written report, he announced that research is continuing of employee and director healthcare benefits and will be presented to the Board in April.

Mr. Michelson also reported that, on February 6, he and Directors Shefren and Faro attended the 10th anniversary celebration for the Children's Health Initiative; that the Live Well Workshops have experienced excellent participation; and that he will be the featured speaker at the Senior Fair held at the San Carlos Senior Center in March.

Healthy Schools Initiative: Ms. Kurtzman will be meeting with representatives from the participating school districts to evaluate the success of its first three years and discuss plans for future funding.

HeartSafe: Mr. Nielsen announced CPR training is being expanded to every high school within the District.

State of the District Report

Mr. Michelson reviewed the State of the District Report, highlighting the District's major initiatives, programs and Caring Community Grants. He distributed a binder developed by Don Shoecraft containing District press releases for the past year.

Goals achieved this past year included initiating the PE+ program in Redwood City schools, initiating the 1-2-3 Garden Education program, erecting a Code Blue Tower at Woodside Fire, starting a CPR training program for all 9th graders and supporting five new grantees.

5. b. Accept Findings of VTD Agreed Upon Procedures Report

The second quarterly review performed by Vavrinek, Trine & Day was presented. Mr. Michelson noted that the reviews have been very helpful and VTD's suggestion in this report regarding grants under \$25,000 (item 2) has been implemented.

Motion: To accept the findings of VTD's Agreed Upon Procedures report.

By: Director Faro

Seconded by: Director Kane

Roll Call Vote: 5-0-0

Motion Passed

5.c Discussion of Consultants and Conflict of Interest Code

Director Hickey read from a prepared statement disagreeing with a written opinion by Counsel Hudak that MTK Communications is not a "consultant" as defined in the District's Conflict of Interest Code and FPPC regulations and therefore there is no need for an exemption to be filed by the District's Board President.

Mr. Hudak informed the Board that they can amend the District COI Code to expand the definition of "consultant" or to designate other positions for which disclosure reporting will be required; however, neither the FPPC provisions nor the Government Code support Director Hickey's allegation that MTK Communications is required to file a Form 700.

5.d. Nominate and Appoint Slate of Board Officers For Two-Year Terms

Motion: To nominate and appoint Director Shefren as President of the Board of Directors.

By: Director Kane

Seconded by: President Griffin

Roll Call Vote: 4-0-1 Director Hickey abstained

Motion Passed

Motion: To nominate and appoint Director Faro as Vice President of the Board of Directors.

By: Director Kane

Seconded by: Director Griffin

Roll Call Vote: 4-0-1 Director Hickey abstained

Motion Passed

DRAFT

Motion: To nominate and appoint Director Kane as Secretary/Treasurer of the Board of Directors.

By: Director Shefren

Seconded by: Director Faro

Roll Call Vote: 4-0-1 Director Hickey abstained

Motion Passed

The two year term of office for the new slate of officers will expire February 2015.

Director Kane thanked Director Griffin for her service as Board President. She was joined by the other Board members who also expressed their appreciation.

6. Adjourn

Motion: At 6:20 PM adjourn meeting.

By: Director Faro

Seconded by: Director Shefren

Roll Call Vote: 5-0-0

Motion Passed

The next regular meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, April 3, 2013, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Kathleen Kane
Secretary

SEQUIOIA HEALTHCARE DISTRICT
Balance Sheet

	July	August	September	October	November	December	January	February	March	April	May	June
ASSETS												
Current Assets												
Cash (WF-WMA)	\$ 2,720,647.39	\$ 1,891,314.60	\$ 1,891,858.75	\$ 2,022,298.24	\$ 1,582,664.69	\$ 1,523,054.68	\$ 3,523,705.82	\$ 2,624,450.27				
Cash (WF)	78,826.27	390,732.04	103,090.45	458,894.48	46,296.37	3,409,118.82	239,038.48	171,301.85				
Cash from Investments	47,210.70	47,210.70	47,210.70	47,210.70	47,210.70	47,210.70	47,210.70	47,210.70				
Cash Equivalents	14,891,606.90	14,890,990.90	14,904,568.51	14,904,809.51	14,919,768.51	14,914,627.51	14,928,689.51	14,948,911.51				
Accounts Receivable	8,915.73	1,320.73	1,320.73	975.43	975.43	975.43	0.00	0.00				
Due From Other Governments	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00				
Total Current Assets	18,369,542.99	17,843,904.97	17,570,385.14	18,056,524.36	17,219,251.70	20,517,323.14	19,360,980.51	18,414,210.33				
Property, Plant & Equipment												
Land	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00				
Land Improvements	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05				
Buildings	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30				
Building Improvements	513,129.57	513,129.57	513,129.57	513,129.57	513,129.57	513,129.57	513,129.57	513,129.57				
Tenant Improvements	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29				
Equipment	60,169.05	60,169.05	60,169.05	60,169.05	60,169.05	60,169.05	60,169.05	60,169.05				
Furniture	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91				
Accumulated Depreciation	(1,501,152.71)	(1,508,252.46)	(1,515,352.21)	(1,522,451.96)	(1,529,551.71)	(1,536,651.46)	(1,543,751.21)	(1,550,850.96)				
Net Property/Plant/Equipment	847,986.46	840,886.71	833,786.56	826,687.21	819,587.46	812,487.71	805,387.96	798,288.21				
Total Assets	19,217,529.45	18,684,791.68	18,404,172.10	18,883,211.57	18,038,839.16	21,329,810.85	20,166,368.47	19,212,498.54				
LIABILITIES & FUND BALANCE												
Current Liabilities												
Accounts Payable	\$ 12,981.80	\$ 206.70	\$ 206.70	\$ 206.70	\$ 206.70	\$ 206.70	\$ 206.70	\$ 206.70				
Deposit Payable	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00	3,165.00				
Grants Payable	1,469,198.35	1,424,891.41	1,295,000.49	670,000.49	670,000.49	670,000.49	670,000.49	670,000.49				
Deferred Revenue	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00	622,336.00				
Total Current Liabilities	2,107,681.15	2,050,599.11	1,920,708.19	1,295,708.19	1,295,708.19	1,295,708.19	625,707.70	625,707.70				
Fund Balances												
Invested in Capital Assets	851,921.00	851,921.00	851,921.00	851,921.00	851,921.00	851,921.00	851,921.00	851,921.00				
Fund Balance	17,510,253.99	17,510,253.99	17,510,253.99	17,510,253.99	17,510,253.99	17,510,253.99	17,510,253.99	17,510,253.99				
Net Surplus/Loss	(1,252,326.69)	(1,727,982.42)	(1,878,711.08)	(774,671.61)	(1,619,044.02)	1,671,927.67	1,178,485.78	224,615.85				
Total Fund Balance	17,109,848.30	16,634,192.57	16,483,463.91	17,587,503.38	16,743,130.97	20,034,102.66	19,540,660.77	18,586,790.84				
Total Liabilities & Fund Balance	19,217,529.45	18,684,791.68	18,404,172.10	18,883,211.57	18,038,839.16	21,329,810.85	20,166,368.47	19,212,498.54				

SEQUOIA HEALTHCARE DISTRICT
Income Statements

	July	August	September	October	November	December	January	February	March	April	May	June	Year to Date	Budget 12-13
INCOME														
Rental Income	3,291.29	3,424.94	3,422.94	3,423.94	3,423.94	3,423.94	3,417.94	3,422.94					27,251.87	41,076.00
Tax Revenue	4,053.03	3,761.96	3,502.61	0.00	831,079.60	3,502,830.20	181,676.45	392,613.67					4,919,517.52	8,600,000.00
Investment Income	49,832.00	11,884.00	13,579.00	241.00	14,959.00	(5,141.00)	14,062.00	20,222.00					119,738.00	400,000.00
ROI-Sequoia Hospital EBIDA	0.00	0.00	0.00	2,114,000.00	0.00	0.00	0.00	0.00					2,114,000.00	2,100,000.00
Interest Income	1,016.75	669.60	546.98	443.75	372.51	405.64	671.39	749.72					4,876.34	7,600.00
Pension Income	0.00	0.00	0.00	0.00	0.00	0.00	2,800,000.00	0.00					2,800,000.00	2,600,000.00
Total Income	58,293.07	19,740.50	21,051.53	2,118,108.69	849,835.05	3,501,518.78	2,999,827.78	417,008.33					9,985,383.73	13,748,676.00
EXPENSES														
Administrative Expenses														
Admin. Expense	245.38	2,052.95	657.45	554.75	437.11	418.50	1,253.01	1,263.33					6,882.48	8,500.00
Admin. Payroll	11,487.66	24,501.77	15,031.58	24,159.18	16,100.41	16,100.41	25,114.57	17,301.51					149,797.09	221,500.00
Board Health Insurance	2,907.04	5,865.78	1,944.49	2,907.04	2,907.04	2,958.74	11,736.75	3,336.75					34,563.63	60,000.00
Employee Health Insurance	2,760.21	4,988.13	985.04	2,475.83	3,128.10	2,477.83	3,239.46	3,553.20					23,607.80	26,000.00
Employee Retirement Benefit	742.27	1,549.16	1,003.18	1,452.73	1,061.60	1,061.60	1,061.60	1,903.40					9,835.54	17,000.00
Investment Fees	0.00	0.00	12,362.50	0.00	0.00	12,407.52	8,867.87	3,750.00					37,387.89	55,000.00
Office Supplies/Equip Maint	0.00	917.18	154.36	547.79	642.42	161.78	658.73	466.86					3,549.12	7,500.00
Purchase Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00					0.00	1,000.00
Accounting fees	0.00	0.00	3,500.00	12,000.00	0.00	8,500.00	0.00	0.00					24,000.00	27,000.00
Board Expense	0.00	0.00	0.00	0.00	0.00	0.00	78.85	472.12					550.97	10,000.00
Associations/Membership	0.00	10,000.00	0.00	0.00	0.00	0.00	0.00	0.00					10,000.00	15,000.00
Communications	0.00	180.78	1,215.63	8,011.99	20,051.44	0.00	0.00	0.00					29,459.84	25,000.00
Public Relations	4,200.00	4,200.00	4,200.00	4,200.00	4,200.00	4,200.00	4,200.00	4,200.00					33,600.00	50,000.00
Web Site/IT	865.00	865.00	865.00	865.00	865.00	865.00	865.00	865.00					6,920.00	22,000.00
Pension Plan	0.00	0.00	(12,052.00)	500.00	1,253.69	62.06	0.00	1,000.00					2,800,000.00	2,600,000.00
Insurance/D&O	26,587.04	1,325.06											18,675.85	21,000.00
Election Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00					0.00	160,000.00
LAFCO fees	0.00	0.00	0.00	0.00	7,509.00	0.00	0.00	0.00					7,509.00	7,000.00
Legal Fees	0.00	2,226.15	4,495.95	940.50	2,924.50	262.00	2,270.00	3,896.00					17,015.10	25,000.00
Bank Fees	0.00	0.00	0.00	0.00	3.00	0.00	30.00	0.00					33.00	100.00
Total Admin. Expenses	49,794.60	58,671.96	34,363.18	58,614.81	61,083.31	49,475.44	2,859,375.84	42,008.17					3,213,387.31	3,358,600.00
Property Expenses														
Maintenance	125.00	1,475.00	2,078.10	2,930.82	1,236.07	1,672.00	2,008.00	3,859.37					15,384.36	25,000.00
Utilities	494.60	2,174.58	2,354.69	2,419.67	1,745.80	1,971.71	1,339.23	1,400.65					13,900.93	20,000.00
Property Insurance	1,662.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00					1,662.00	2,000.00
Depreciation	7,099.75	7,099.75	7,099.75	7,099.75	7,099.75	7,099.75	7,099.75	7,099.75					56,798.00	100,000.00
Total Property Expenses	9,381.35	10,749.33	11,532.54	12,450.24	10,081.62	10,743.46	10,446.98	12,359.77					87,745.29	147,000.00

SEQUOIA HEALTHCARE DISTRICT
Income Statements

Agenda Item No.3.b
Board of Directors Meeting
4/23/13

	July	August	September	October	November	December	January	February	March	April	May	June	Year to Date	Budget 12-13
Grant Expenses														
Grant Admin Expenses	0.00	45.97	75.55	190.85	67.51	0.00	88.23	31.65					499.76	11,100.00
Grant Admin Payroll	3,020.47	6,038.42	3,936.68	6,191.03	4,330.00	4,329.95	5,244.01	4,308.64					37,399.20	58,900.00
Children's Health Initiative	350,000.00	0.00	0.00	325,000.00	0.00	0.00	0.00	675,000.00					1,350,000.00	1,350,000.00
SFSU Nursing Program	500,000.00	0.00	0.00	0.00	500,000.00	0.00	0.00	0.00					1,000,000.00	1,000,000.00
Samaritan House Grant	153,174.00	0.00	0.00	153,174.00	0.00	0.00	153,174.00	0.00					459,522.00	627,000.00
Other Grants	0.00	2,328.98	3,870.00	1,214.34	0.00	4,808.57	1,500.00	690.00					14,411.89	20,000.00
Sequoia Hospital Foundation	0.00	0.00	0.00	315,083.00	0.00	0.00	0.00	0.00					315,083.00	630,166.00
San Mateo Medical Ctr.	0.00	0.00	0.00	0.00	1,000,000.00	0.00	0.00	0.00					1,000,000.00	2,000,000.00
Ravenswood-Belle Haven Clinic	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00					0.00	500,000.00
Community Grants Program	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00					0.00	1,340,000.00
Chronic Disease Management	652.52	1,339.59	2,683.07	244.22	0.00	325.90	236.81	4,440.81					9,922.92	20,000.00
SMART Program Grant	0.00	0.00	30,000.00	0.00	0.00	0.00	30,000.00	0.00					60,000.00	60,000.00
Total Grant Expenses	1,006,846.99	9,752.96	40,565.30	807,097.44	1,504,397.51	9,464.42	190,243.05	684,471.10	0.00	0.00	0.00	0.00	4,246,838.77	7,617,166.00
Program Expenses														
HeartSafe Program	15,000.00	1,855.79	8,676.67	2,182.13	64,043.42	(668.41)	324.09	5,253.38					96,667.07	134,300.00
HeartSafe Payroll	3,198.45	4,830.97	4,264.63	4,264.70	4,264.70	4,264.70	5,977.39	4,687.68					35,753.22	65,700.00
School Health Initiative	218,844.89	394,222.61	62,019.32	125,101.34	39,978.33	126,908.86	412,714.37	611,037.87					1,990,827.59	2,755,000.00
School Health Payroll	7,553.48	15,312.61	10,358.55	10,358.56	10,358.57	10,358.62	14,187.95	11,060.29					89,548.63	145,000.00
Total Program Expenses	244,596.82	416,221.98	85,319.17	141,906.73	118,645.02	140,863.77	433,203.80	632,039.22	0.00	0.00	0.00	0.00	2,212,796.51	3,100,000.00
Total Expenses	1,310,619.76	495,396.23	171,780.19	1,014,069.22	1,694,207.46	210,547.09	3,493,269.67	1,370,878.26	0.00	0.00	0.00	0.00	9,760,767.88	14,222,766.00
Net Surplus/Loss	(1,252,326.69)	(475,655.73)	(150,728.66)	1,104,039.47	(844,372.41)	3,290,971.69	(493,441.89)	(953,869.93)	0.00	0.00	0.00	0.00	224,615.85	(474,090.00)

CEO Report: April 2013- Lee Michelson

1. Chronic Management Classes: Two successful six-week classes were recently completed, one in Foster City and one in Belmont. About 30 students participated ranging in age from 22-93. The next class will be offered starting on April 10th in San Carlos at the Senior Center.
2. Presentations: I will be making public presentations to the following groups about the services provided by the District including HeartSafe, Healthy Schools Initiative, grants program and Chronic Conditions workshops on Saturday, March 23rd at San Carlos Senior Resource Fair, March 28 at North Fair Oaks Community Center, April 2nd at Redwood City Rotary and on April 5 at the San Carlos Chamber of Commerce.
3. Special District meeting: We again hosted the meeting which featured a presentation by our new supervisor Warren Slocum.
4. Mayor's Meals on Wheels: The District was represented by Jerry Shefren and Kim Griffin who delivered meals to homebound seniors and others with special challenges.
5. ACHD Leadership: Jerry Shefren, Katie Kane and I attended the ACHD Leadership Academy program in April. The three of us will also be attending the upcoming Legislation Day program on April 8th and 9th in Sacramento. The Annual Conference is scheduled for May 22-24 in San Diego.
6. I have recently served on the search committees for new executive directors for the First 5 Commission and Redwood City 2020. Both current executive directors are retiring.
7. Grants Committee: The committee has met to review and discuss the forty applications submitted. The recommendations will be presented later in the meeting. Two organizations invited to submit applications failed to do so.
8. I provided a seminar on Board Governance to the board of directors of the Foster City Village.
9. The benefits ad hoc committee consisting of myself, Art Faro and Katie Kane met to update employee and board benefits. The committee's recommendations are part of this meeting.
10. A reminder that AB1234 Ethics Training is again due for elected officials. The training can be done online at the FPPC's website www.fppc.ca.gov.



February 12, 2013

Lee Michelson, Chief Executive Officer
Sequoia Healthcare District
525 Veterans Boulevard
Redwood City, CA 94063

Re: Report on Philanthropy Funds for Sequoia Hospital Project

Dear Lee:

In accordance with Section 3.4 of the Development Agreement between Dignity Health (formerly CHW) and the Sequoia Healthcare District, we are submitting the semi-annual report which is due February 15, 2013.

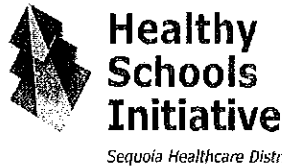
As of the above date, Sequoia Hospital Foundation has disbursed to Sequoia Hospital \$7.5 million in philanthropic funds raised to support the new Sequoia Hospital Project.

If you have any questions, or require more information, please contact us.

Sincerely,

Glenna L. Vaskelis
President, Sequoia Hospital

JoAnn Kemist
President, Sequoia Hospital Foundation



Agenda Item No. 4. B.

Board of Directors Meeting

Date 4-3-13

Healthy Schools Initiative

Activity Summary for February-March 2013

Pamela

Our discussions with Superintendents and Wellness Coordinators of the school districts currently under HSI are nearly complete and we've gained valuable insight and perspective from those meetings. Particularly around our goals, priorities, and purpose in supporting the continuously changing needs and resources schools have available to support student health. We are confident that the lessons learned over the past three years will be used to assure that we are doing things in the most purposeful, economical, and impactful way. On Monday, March 25th, Pamela also met with her school health committee to review the draft plan for the future of the initiative. The committee provided valuable feedback and suggestions (thank you Lee, Jerry and Kim)! Pamela will revise plan, reconnect with superintendents and wellness coordinators where clarity is needed or further discussions around funding are necessary. Pamela will meet again with school health committee prior to finalizing plan before presenting to the SHD Board on April 17th.

HSI Grants 2013- This grants cycle, twenty-five non-profit agencies applied for funding, totaling \$985,000 in requests. The amount allocated to grants this year is again \$275,000. Many of the applicants have received funding from SHD in the past, but a handful are new applicants. Full proposals have been received from 15 agencies, totaling \$648,000. The HSI grants committee meets on March 28th to provide input and recommendations. Those recommendations will be presented to the SHD Board on April 17th.



Highlights:

Feedback so far from school administration, principals, teachers, parents, and students regarding the PE+ program is consistently positive. There are 4 additional schools in the RCSD that would like to use funds raised by their PTA's to help pay to have the PE+ program at their school site. The Deputy Superintendent for the RCSD and the Wellness Coordinator have been in contact with these schools and our PE+ providers to coordinate an arrangement. We are looking at a model where all schools contribute some amount to help support the expansive need for elementary physical education in the district. We are currently focusing our attention on continued and consistent training around curriculum and nutrition education. Jennifer completed draft of Nutrition Nuggets Module 6; *Snacks and Beverages*.

1-2-3 Let's Grow Highlights:

Jennifer

Jennifer and Pamela have been working on the budget, priorities, and program plan for 1-2-3 Let's Grow! Jennifer has been busy with writing materials and pilot testing those materials including "Heart Smart" Valentine's Day Classroom Celebration 4-station lesson that included a "Berry Good" smoothie recipe with berries and kale, blender bike, heart smart trivia game and activity, and Valentine's Day card decoration with smoothie recipe included. Parents who volunteered enjoyed and appreciated the lesson. She also adapted and piloted Hidden Villa Grade 3 Garden Science Kit lesson "Facts vs. Opinion" to include food tasting opportunity and began collaboration with Power Play to adapt Rethink Your Drink lesson she created for the Make Time for Fitness Event to align with the new Redwood City School District's Water First campaign. Jennifer has also been busy conducting Site Visits & Observations of the 1-2-3 Let's Grow Partners

Highlights from our School District Partners:

- **San Carlos-** The Wellness Coordinator and Superintendent established their Strategic Wellness Education Action Team (SWEAT) in January to address a systemic integration process for 21st Century Learning and how to build curriculum and prepare teachers to integrate nutrition, social-emotional wellness (resilience, growth and development) and physical fitness throughout every student's day. Their vision is that as students develop from the preschool years through eighth grade, their wellness experience will be woven throughout every subject, with every teacher layering health information and activities with students in a dynamic and systemic way. Already, the Tierra Linda Middle School PE teacher started a pilot project with 5th grade teachers that provides information and support for teaching classroom teachers to integrate movement throughout all subjects. The district really is taking on a very unique and innovative approach to not only support, but to incorporate wellness throughout the district.
- **Sequoia Union-** Karen Li continues to juggle numerous activities including directing the MAC Committee (Mental-health Advisory Committee) and WAC (Wellness Advisory Council). Karen has been helping to assess proposals from grant recipients and provide input to Pamela to assure alignment of services with their district wellness priorities.
- **Redwood City-** Wellness Coordinator, Andrea Garen, has been given much attention over the past 8 weeks to Kindergarten nutrition and dental health lessons conducted by school district nurses and nursing students from SFSU. Andrea implemented Big Smiles Oral Health Program at Selby Lane and secured "K to College" dental kits for homeless and foster students again this year. A big effort will be made this spring to implement a campaign to encourage water consumption and reduce sugar sweetened beverages. The campaign, called "Water First" will align specific principals around water consumption and oral health.
- **Belmont- Redwood Shores-** The health Educator has been working closely with the Wellness Coordinator to provide staff development, classroom support, parent education and staff wellness programs for the community. In addition, the two have been working closely with community partners to coordinate the Safe Routes to School grant and have just begun implementing a Positive Behavior Intervention and Support (PBIS) program.

HeartSafe Program

Activity Summary for February & March 2013

HeartSafe Region Task Force Meetings

Attend and participate in regional planning and support.

Maintenance of Existing Units (new batteries, electrodes, etc.)

- Sandpiper Elementary
- Nesbit Elementary
- Fox Elementary
- Canada College

New AED Placements

- 1) San Mateo County Sheriff's Office new SAL facility

AED / CPR and In-Service Trainings

- 1) Carlmont High School Staff
- 2) Woodside High School Staff
- 3) Menlo-Atherton High School Staff

Scheduled Trainings

- 1) Carlmont High School Freshmen
- 2) Sequoia High School Freshmen and staff



Woodside High School Staff Training



Carlmont High School Staff Training

The grants committee requests approval of our recommended grants totaling \$1,340,000.

In summary, we are proposing funding 29 requests of which 7 are new. The average grant would be \$47,000 with a range from \$10,000-\$100,000.

We are recommending the following:

<u>Organization</u>	<u>Proposed & Requested Amounts</u>
1. Adapt Foundation - substance abuse assistance program	\$10,000/\$15,000
2. Adolescent Counseling Services - mental health counseling	\$20,000/\$20,000
3. AFAR - continue after school fitness/health program for special needs children.....	\$40,000/\$50,000
4. Boys and Girls Club - school fitness/health program for children 6 years and older	\$85,000/\$100,000
5. Caminar - wellness program for mentally ill.....	\$40,000/\$100,000
6. CASA - outreach program to recruit/train special advocates for children in foster care ..	\$40,000/\$50,000
7. Catholic Charities - senior adult daycare	\$50,000/\$60,000
8. City of San Carlos - senior nutrition/food program	\$10,000/\$15,000
9. CORA - provide services for victims of domestic abuse	\$80,000/\$100,000
10. El Centro - substance abuse assistance for youth and adults	\$100,000/\$200,000
11. Friends for Youth - healthy mentoring	\$30,000/\$30,000
12. Friends of VMSC - senior health and fitness program.....	\$50,000/\$100,000
13. Kainos - mental health services for those with special needs	\$25,000/\$40,000
14. Mission Hospice - transitions to hospice program	\$25,000/\$40,000
15. Ombudsman Services - advocate for the elderly living in nursing homes	\$50,000/\$50,000
16. PARCA - wellness program for disabled	\$10,000/\$10,000
17. Peninsula Family Services - senior fitness program.....	\$50,000/\$100,000
18. Peninsula Volunteers - meals-on-wheels to shut-ins	\$90,000/\$100,000
19. Peninsula Volunteers - adult day care	\$50,000/\$80,000
20. Planned Parenthood - reproductive services	\$30,000/\$30,000

Organization

Proposed & Requested Amounts

21. SAL - continuation of soccer & fitness program	\$25,000/\$30,000
22. Second Harvest Food Bank - provide food for the hungry	\$100,000/\$200,000
23. Service League - women's health program at Hope House	\$25,000/\$50,000
24. Sequoia YMCA - mend childhood obesity project	\$50,000/\$75,000
25. Society of St. Vincent - help feed the hungry program	\$20,000/\$25,000
26. St. Anthony's Padua - provide daily hot lunch to the hungry	\$90,000/\$100,000
27. Star Visa Daybreak Program - counseling program.....	\$75,000/\$80,000
28. US Senior Vets- assistance in obtaining health benefits	\$40,000/\$100,000
29. Women's Recovery Association - wellness program for women	\$25,000/\$50,000
Total	\$1,340,000/\$2,080,000
First payment June 2013.....	\$670,000
Second payment January 2014.....	\$670,000



Samaritan House Free Clinic of Redwood City

Presentation to the
Sequoia Healthcare District
Board of Directors
April 3, 2013



Overview

- Why we're here
- Who we are
- Whom we serve
- What we did
- How we did it
- What's next





Why We're Here

Mission

To provide high quality healthcare without charge to residents within the Sequoia Healthcare District who cannot qualify for medical insurance and who do not have the ability to pay for medical care



Who We Are

Clinic staff and volunteers





Who We Are

Medical and Dental Services

Medical

Internal Medicine
Dermatology
Neurology
Nutrition
Podiatry
Pulmonology
Endocrinology
Diabetes
Gynecology
Ophthalmology
Optometry
Orthopedics

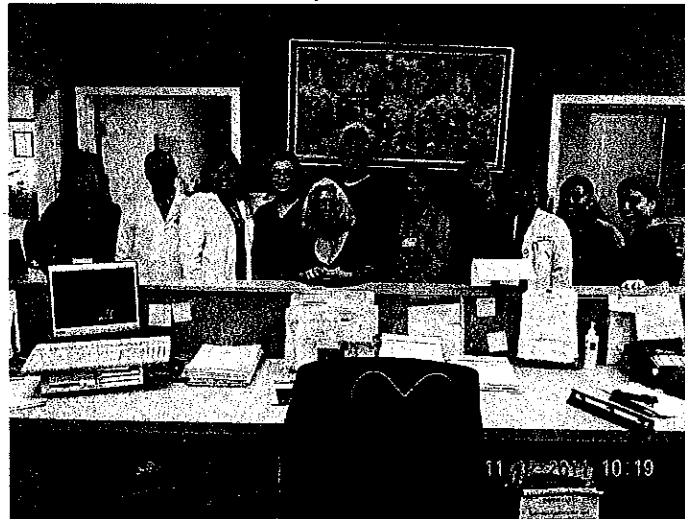
Dental

Oral Health Care and
Education
Operative Dentistry
Endodontics
Periodontics
Oral Surgery
Fixed and Removable
Prosthodontics
Pedodontics – Project Smile



Who We Are

Community Clinical Partners





Who We Are

- Community clinical partners
 - Sequoia Hospital
 - San Mateo Medical Center and Clinics
 - Stanford University & Hospital and Clinics
 - Menlo Medical Clinic
 - Live Well with Diabetes collaborative
 - Operation Access
 - Menlo Park Presbyterian Church
 - San Mateo County Dental Society
 - Mid-Peninsula Dental Society
 - Peninsula Hygiene Association
 - Prevent Blindness Northern California



Whom We Serve

- Sequoia Healthcare District
 - Redwood City
 - Menlo Park
 - San Carlos
 - Woodside
 - Portola Valley



Whom We Serve

- Income Demographics
 - Median household income in Redwood City is \$67,611/year*
 - Average median household income of a Samaritan House client is about \$19,000/year
 - Typical employment: gardeners, housecleaners, street vendors, janitors, restaurant workers.

* 2009 inflation adjusted dollars; city-data.com



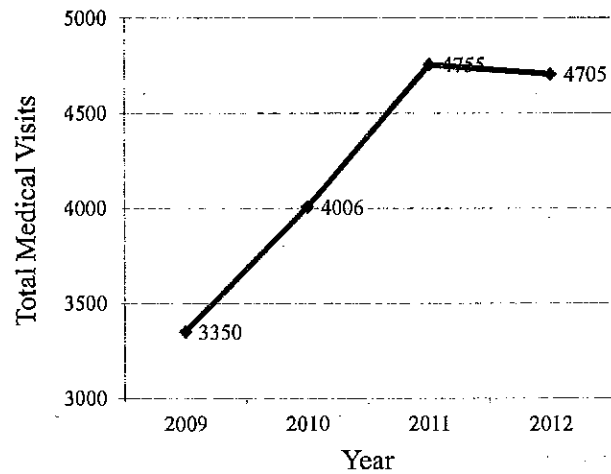
What We Did

Calendar Year 2012

- Medical visits: 4,705
- Dental visits: 810
- Examples of conditions treated
 - Diabetes, Hypertension, Hyperlipidemia
 - Breast/cervical cancer screening
 - Dental caries, Impactions, Infections
- Clinic's cost per clinic visit
 - \$132, including medications

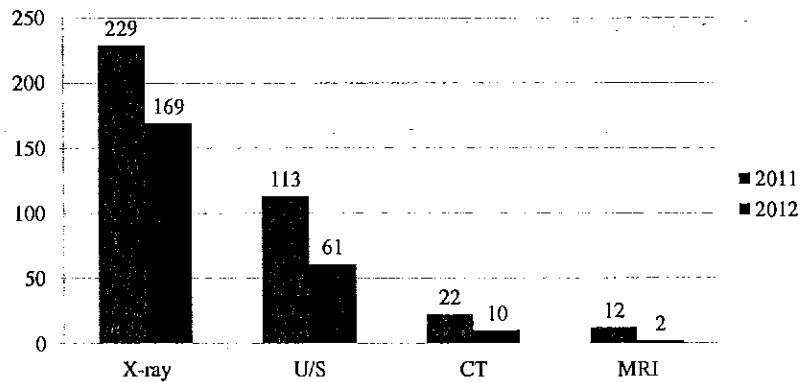


What We Did



What We Did

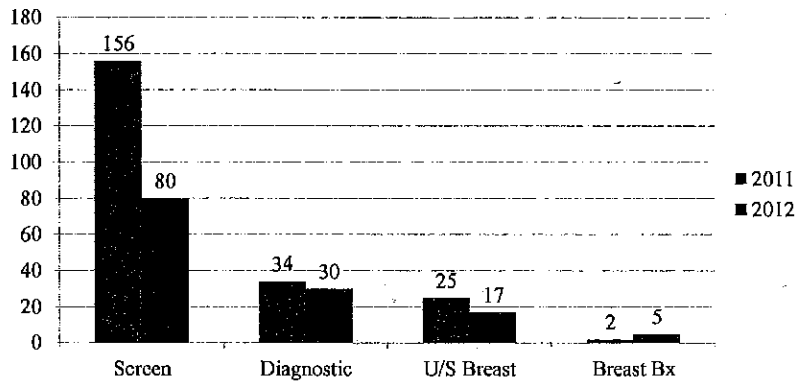
Sequoia Hospital Radiology: Non-Breast Care Studies





What We Did

Sequoia Hospital Radiology: Breast Care Studies



What We Did

Breast Care Program Resources

- Mammograms
 - Sequoia Hospital Breast and Diagnostic Center
 - Mills-Peninsula-Sunday Breast Clinic
 - Gabriella Patser Program (<40 years old)
 - Every Woman Counts (>39 years old)
- Breast Biopsy
 - Operation Access
 - Gabriella Patser Program
 - San Mateo Medical Center
- Surgery
 - San Mateo Medical Center



How We Did It

- Financial support
 - Sequoia Healthcare District
 - Founding sponsor and ongoing funder
 - Other sources
- Medication and specialty care
 - Community Providers
 - Patient Assistance Programs
- Ancillary Services
 - Sequoia Hospital
 - Laboratory
 - Radiology
 - Pathology
 - Special studies
- Volunteers
 - 2,358 physician-volunteer hours
 - 4,491 other-volunteer hours



What's Next

- California Advanced Imaging Medical Associates (CAIMA)
 - Cap pro bono radiology readings
 - Impact on Breast Care Program



What's Next

Projected Breast Care Radiology Costs

Females	Age	#	#CBE	screen mamm	diag mamm	w/s	Total
	40-49	202	172	6,525	1,759	839	
	50-75	250	213	11,305	3,047	1,454	
				17,830	4,806	2,293	\$ 24,929
scr	\$ 76						
diag	\$ 94	0.22					
w/s	\$ 61	0.16					



What's Next

- California Advanced Imaging Medical Associates (CAIMA)
 - Cap pro bono radiology readings
 - Impact on Breast Care Program
 - Refer to outside agencies
 - Delays in process
 - Communication gaps



What's Next

- Patient Protection and Affordable Care Act
 - Effective January 1, 2014
 - Individual mandate
 - Medicaid Expansion
 - Health insurance exchange
 - In San Mateo County, there are currently 80,000 uninsured individuals. Estimates for post-Affordable Care Act (ACA) implementation place the number of those remaining uninsured at over 34,000.
 - Healthcare coverage is not the same as healthcare access.



What's Next

- Patient Protection and Affordable Care Act
 - “The political, social, and healthcare impacts of the Affordable Care Act have yet to be fully determined because it all depends on how it's implemented ... and the healthcare decisions we all make are outside of the scope of the [law].” -Bill Clinton at HIMSS13
 - Free clinics find where their patients need help and then develop the capacity to close the gap.



RWC Free Medical and Dental Clinic FY14 Request

Current Funding 2012-2013	\$612,696
Total Request for 2013-2014	\$612,696



Thank You!

A subcommittee of the Board consisting of Directors Kane and Faro and Mr. Michelson, conducted additional research regarding the premium amount allowed for health care and dental insurance for directors and staff. The subcommittee's recommendations are as follows:

1. Medical and dental premiums are to remain at a maximum of \$1,500 per month as approved in December 2012; however, effective July 1, 2013 participating directors and staff will be required to pay 10% of the premium expense with the District paying 90%. In the instance of CalPers Health premiums paid monthly by the District, directors and staff will reimburse the District 10% of their individual premium cost.
2. Effective July 1, 2013 the inlieu benefit offered to employees who opt out of the District's benefit plan shall be reduced from \$400 to \$200 per month. (Employee Policy 5.05)
3. Effective July 1, 2013 Employee Policy 5.10 providing reimbursement of \$40 per month for gym membership shall be eliminated.
4. Effective July 1, 2013, the District shall offer employees a paid term life insurance policy valued at \$50,000 at no cost to the employee. Employees cannot increase the value of this policy by paying an additional premium. This benefit will cease upon termination of employment from the District.

Upon approval of the above recommendations, Board Policy 15.2 and Employee Policy 5.05 will be amended accordingly; Employee Policy 5.10 will be eliminated; Term Life Insurance Benefit will become Employee Policy 5.11.