Agenda Item 4
Board of Directors Mtg. 12/7/11

CEO Report: Lee Michelson

Financial

1. Income is down compared to the same time last year by $500,000 due to a $200,000 drop in investment income and a $300,000 drop in EBIDA income. Expenses comparatively are up $1.3 million due to the timing of our payment for Healthy Kids and the Sequoia Hospital Foundation. Administrative and property expenses are about the same as last year. We have received tax revenue of $766,753 in November.

2. Our EBIDA share turned out to be $2,158,000 compared to $2,479,000 in 2010. The hospital operating margin was 11 percent compared to 13 percent in 2010. Current EBIDA over 9.3 percent went from $4,959,000 to $4,315,000 of which we receive 50 percent.

3. Our auditors reviewed our payroll and found out that for two of our employees a mistake was made by PayChex, our payroll management company, which resulted in us double paying inlieu health benefits. This issue has been discussed with the employees, our attorney and auditor and the employees will not receive future inlieu benefits until the double payment is recovered by the District. This payroll error was a result of a computer conversion problem at PayChex.

4. We received our annual letter from the County Comptroller indicating that our budgeted $8 million in tax income should be realized this fiscal year.

Programs

1. Kim Griffin, Jerry Shefren and I have been meeting with County representatives regarding the future of the Smart program. The next meeting is scheduled for December 5 with a report to be made to the Board in February.

2. I have been meeting with several organizations to discuss our new chronic disease management program. Our first classes have been scheduled at Little House starting in January.

3. Katie Kane, Art Faro and I met with seven representatives of non-profit organizations that provide services to elderly residents. We received a number of recommendations on how the District might better impact the health of these residents.

4. The Grants Committee will meet with our ASR consultants starting on December 2nd to review our community grants program. There will be three planning meetings. The final results will be presented to the Board in February.

5. I recently served as a judge for the Boys and Girls Club's Youth of the Year program.

6. Special thanks to Kim Griffin and Jerry Shefren, as well as Pamela Kurtzman, Glenn Nielsen and Jennifer Gabet for helping serve at St. Anthony Padua Dining Hall.

Other

1. The annual report was completed and mailed to residents.

2. Kim Griffin and Jerry Shefren represented the District at the Philanthropy Awards luncheon.

Healthy Schools Initiative
Sequoia Healthcare District

Healthy Schools Initiative

Activity Summary for September- November 2011

I. HSI Director's Report- *Pamela Kurtzman*

The program is sufficiently advancing and we now have a Wellness Coordinator at each of the four partner school sites. Dr. Karen Li began working with the Sequoia Union High School District on September 15th and Andrea Garen, with Redwood City, began her job on October 3rd. Both new coordinators have been diligently meeting school staff, learning about each school's culture and priorities and developing district wide work plans. Coordinators from all the districts are working with school administrators, counselors, PE teachers, nurses, health educators, community partners providing school based wellness programs, and the Gardner Center to align priorities with the CSH model and the overall goals of the Healthy Schools Initiative.

Gardner Center

The study is currently in its second year; during the first year of the study, JGC worked with Healthy Schools to develop a logic model and conducted a needs assessment, mapping health and wellness programs in the four partner districts. Years two and three of the study will focus on investigating the ways in which HSI implementation affects the coordination of health and wellness programs in schools and districts and how this, in turn, influences awareness and accessibility of programs and activities. This study is a critical precursor to any future research on the ways that HSI influences individual student health outcomes.

With the support of each school district, JGC researchers will collect data through a series of interviews and focus groups at two schools in each of the four partner school districts in the winter of 2012 and 2013. JGC will work closely with Pamela and each District Wellness Coordinator to coordinate the following activities:

<u>Individual Interviews</u>

Principal at each school site
Classroom teachers at each school site
Program staff at each school site
Relevant administrative staff at each school district

<u>Focus Groups</u>
Parents at each elementary/middle school site
Students at each high school site
Wellness Committee members from each district

Qualitative data analysis will be conducted in spring/summer 2012 and 2013. Interim findings will be shared with partners in fall 2012, with a final report and briefing in fall 2013.

Healthy Schools Grantees

Began conducting mid-year site visits with grantees including Cleo Eulau, Peninsula Conflict Resolution, Green Street Academy, and Serve the Peninsula. Additional site visits are scheduled throughout December and early January.

Safe Routes to School

International Walk to school Day was held on Oct 5. Working in partnership with the Get Healthy San Mateo County School Health Committee, the County Office of Education and Redwood City 20/20 we provided resources and promoted International Walk to School Day throughout San Mateo County. On October 2nd, Rose Jacobs Gibson of the County Board of Supervisors presented both a proclamation designating October 5 as Walk to School day and a certificate recognizing participating schools.

In addition, we are happy to report that our Walking School Bus grant to Redwood City 20/20 leveraged $1.4M in Safe Routes to School funding! Funding will be used to promote the Walking School Bus in Redwood City schools and support infrastructure improvements around Hoover and Hawes Schools.

Other

Young Dreamer Network Anti-Bullying kick off event was launched on Monday, October 24 at the Fox Theatre. The Champions, Not Bullies project was designed by local kids from Redwood City who want to decrease the rate of bullying in their community. The event was produced in conjunction with Redwood City Parks & Rec, Kaiser and the Healthy Schools Initiative. Aside from the rally, the campaign will include the production of documentary videos, school assemblies, and classroom curriculum that will be implemented in each of our partner schools and aligns with the CSH component of a safe and healthy school environment.

Committees, conferences and professional development

1. Committees

    - Get Healthy San Mateo County Task Force Advisory Committee
    - Co-Chair Get Healthy School Health Committee
    - Redwood City, Belmont- Redwood Shores, and Sequoia Union High School Wellness Committees
    - Chamber Education Committee

Conferences, non-profit sponsored events
- San Mateo County Active San Mateo Conference 10/12/11.
- Healthy Halloween event presented by Footsteps Childcare
- Star Vista Open House 11/1/11.
- St. Anthony's Dining Hall Service Day 11/7/11

3. Professional Development
    - Continue participation in Toastmasters International to improve public speaking skills

II. Staff Report- *Jennifer Gabet*

Nutrition Services:

1. School Garden Planning Grant

Provided Garden Planning Grant contract for agency participation.
Met with co-facilitator of meetings, Alonso Barahona, to review agenda on 11/8/11.
Held first Garden Planning Grant meeting on 11/17/11.

2. Technical Support for Healthy Schools Initiative Grantees

Ascertained school district and agency grantee priority areas for nutrition services and created a spreadsheet to track interventions according to nutrition objectives.
Outlined activities based on priorities listed.
Provided ongoing support to Wellness Coordinators through emails, phone calls, materials, meetings.
Met with Andrea Garen, RCSD 10/25/11; Met with Karen Li, SUHSD 10/11/11; Met with Mary Carbullido 10/19/11.

3. Activities by Categories of Nutrition Objectives

CATEGORY	ACTIVITIES/INTERVENTIONS
Wellness Policy	Reviewed status of administrative regulations and communication of wellness policy in SCSD. Began to develop a communication strategy to reach SCSD staff and parents.
Promotional Campaigns	Helped facilitate ordering of Potter the Otter books and materials for School Districts as part of the Rethink Your Drink campaign. Began to formulate a promotional campaign plan for National Nutrition Month. Discussed Rethink Your Drink campaign with Jennifer Gross, San Mateo County Public Health Dept. 11/18/11
Nutrition Education Resources	Met with RCSD Instructional Materials Center Director, Tiffiney Koleckar, along with Andrea Garen to discuss FOSS science curriculum and integration of nutrition and garden-based education 11/3/11. Met with Dan Ronco to review the Hidden Villa Garden Kits, program at Taft, and reviewed copy of curriculum 11/1/11 and 11/8/11. Researched cooking instructor possibilities for grantee. Connected with the culinary program at Job Train of Menlo Park. Met with Valerie Fung-a-ling of Dairy Council to discuss nutrition curriculum and Wellness subcommittee plans for RCSD 10/21/11. Reviewed California Department of Education Nutrition Education Resource Guide. Provided Halloween tip sheets to Wellness Coordinators. Provided nutrition information from Resource Area for Teachers (RAFT) to Wellness Coordinators.
Meals	Met with Karen Li and Nora DeCaro, Food Service Director for Sequoia Union High School District to learn about food service program. Toured central kitchen and Sequoia High School lunch program 10/11/11. Reviewed Cornell behavioral economics research and options for improved produce displays to increase consumption of fruit during lunch. Discussed pilot program with BRSSD.
Snacks, celebrations,	Provided support to BRSSD regarding PTA fundraising issue. Continued to work on snack program/2nd chance breakfast program for

fundraising	Nesbit Elementary School.
School Gardens	Met with Civic Garden Club of San Carlos, and Mary Carbullido to discuss support for a school garden in SCSD beginning after January 9/30/11. Discussed school gardens with kindergarten teacher at Heather Elementary School. Met with Betsy Colby, Garden Coordinator and Master Gardener, to discuss funding ideas for schools gardens 10/11/11. Met with 3rd grade teacher at Selby Lane Elementary School, Anna Lague, Child Nutrition Director of RCSD, and Andrea Garen to discuss garden program, connections to Food Service Program, and integration of garden with science program. Toured the school garden 10/13/11. Met with Hannah Gallagher, Fair Oaks Elementary School, to discuss status of garden at Fair Oaks and plans for parent engagement and community gardens 10/18/11. See above for School Garden Planning Grant.

4. Communicate and Report

Presentation to Redwood City Garden Network on Garden Planning Project and Grant. 10/3/11. ~10 attendees.

Presentation to Sequoia Hospital Community Advisory Committee on Rethink Your Drink. 10/10/11. ~25 attendees.

San Carlos School District Wellness Committee 10/5/11 and follow-up subcommittee meeting 10/19/11.

Redwood City School District Wellness Committee 10/11/11 and 11/8/11.

Food System Alliance meeting 10/25/11 and 11/29/11.

Attended Healthy Halloween event sponsored by Footsteps Childcare and Sequoia Healthcare District 10/30/11.

Attended Star Vista Open House 11/1/11.

St. Anthony's Dining Hall Service Day 11/7/11.

Ongoing meetings with Director.

5. Professional Development

Basic Facilitation Training: Learning the Building Blocks for Effective Meetings, sponsored by Peninsula Conflict Resolution Center 10/6/11-10/7/11.

San Mateo County Active San Mateo Conference 10/12/11.

Chamber Leadership Program - 10/14/11 and 11/4/11l

California Department of Education Fresh Fruits and Vegetables: A Centerpiece for a Healthy School Environment training 11/30/11.

6. Other

I will mentor a dietetic intern from San Francisco State University for three weeks beginning November 29, 2011 - December 15, 2011.

III. School District Reports

1. REDWOOD CITY- ***District Wellness Coordinator:*** *Andrea Garen, MA, RD*
   Start Date: *October 3, 2011*

CSH Component Areas:	Activity	2011-2012
Nutrition Services	Attended RWC Garden Network meeting and introduced to committee members, including Hidden Villa, Collective Roots program directors Met with Dairy Council Territory Manager to discuss current nutrition education outreach efforts in district Met with Jennifer Gabet to discuss SHCD nutrition goals Met with Anna Lague to review current child nutrition program policy and practices Reviewed RCSD Wellness Policy and Administrative Regulations with Pat Brown Visited school garden 3rd grade teacher at Selby Lane Visited Instructional Materials Center with Jennifer Gabet to review 5th grade FOSS curriculum teacher's guide and science kits	Oct-Nov 2011
Physical Education/Activity	Attended meeting with after school program managers and community schools director (Sandra Portasio) Met with PE instructor, Mike Reynoso, to discuss current PE guidelines and programs	Oct-Nov 2011
Health Education	Met with Ruth Brown to discuss school health education, including sex education, hygiene and family life education Attended Kaiser Theatrical Education programs, *Secrets*, production at high school (sex education/HIV prevention) Scheduled meeting with Teen Talk (6th grade sex education)	Oct-Nov 2011
Health Services	Met with Ruth Brown to discuss health services for immunizations, diabetes, medically fragile students and other duties performed by school RNs Attended San Mateo County Oral Health Coalition meeting Attended K to College meeting (San Clara County Office of Education) - program provides free school supplies and dental kits to students	Oct-Nov 2011
Health Promotion for Staff	Discussed staff wellness project for Orion with Dairy Council Territory Manager	Oct-Nov 2011
Safe and Healthy School Environment	Attended AOD Community Youth Development Prevention Partnership meeting Attended Safe Routes to School meeting	Oct-Nov 2011
Family/Community Involvement	Attended Family Engagement Workshop with CSCs and community school principals	Oct-Nov 2011

Counseling, Psychological and Social Services	Attended bullying prevention conference - Alameda County Office of Education (Hayward) Attended bullying prevention assembly - Fox Theater Redwood City	Oct-Nov 2011
Other:		
Wellness Committee	Introduced to committee on Oct 11 Met with Jennifer Gabet to discuss nutrition goals for Wellness Committee Attended Committee meeting on Nov 8	Oct-Nov 2011
John Gardner Center (JGC)	Phone call with Lisa Westrich to review 2010-11 assessment and JGC role in Healthy Schools Initiative Met with Lisa Westrich and Monika Sanchez to discuss upcoming JGC research study the Wellness Coordinator's role in setting up school interviews and focus groups	Oct-Nov 2011
RWC 2020	Met with Pat Brown to discuss current RWC 2020 wellness projects: • Wellness Committee • Safe Routes/Walking School Bus • School Garden Network • Joint Use Agreements • AOD Prevention Partnership	Oct-Nov 2011
District Management Team	Attended DMT meeting of district management - introduced and provided brief description of Sequoia Healthcare District's Healthy School Initiative and District Wellness Coordinator role in implementing CSH	Oct-Nov 2011
Community School Department meetings	Met with Sandra Portasio for orientation to community school model and afterschool program objectives Attended Community School Coordinator meeting and training	Oct-Nov 2011
Community School Coordinator meetings	Met with Community School Coordinators individually to discuss wellness activities and Wellness Coordinator role with Healthy Schools Initiative in community schools Taft - Esmeralda Martin Hoover - Jana Kiser Garfield - Pati Ortiz	Oct-Nov 2011

B. CSH Planning and Implementation process outline:

Phase 1 - Creating the Vision (Projected completion date: January 2012)

District Wellness Coordinator proposes CSH vision and recommendations for school district to School Board, Superintendent and Deputy Superintendent based on existing health policies, current health education activities and areas for improvement
School Board, Superintendent and Deputy Superintendent support CSH Vision and assist with prioritization of proposed strategies

Phase 2 - Communicating the Vision (Begins January -February 2012)

Wellness Coordinator trains appropriate staff on the philosophy of coordinated school health, vision for district, etc....
Wellness Coordinator conducts presentations at key meetings' to present CSH model
Wellness Coordinator develops plan for website updates to communicate CSH model to community partners
CSH model is promoted in school and district newsletters, fliers for parents, etc....

Phase 3 - Health Education Integration Planning (Begins February-March 2012)

Determine how to best provide health education (CSH) at school level
Identify site-level infrastructure for CSH implementation, including family and community involvement

Phase 4 - Provide Training (Begins February - March 2012)

Teacher training and staff development in key areas of health education
Training for non-teaching staff in areas of health
Parents receive education CSH and their role in supporting academic achievement

Phase 5 - Planning and Implementation (TBD)

Develop strategies and action plans that support district priorities and objectives for CSH
Engage key stakeholders in planning process

Phase 6 - Evaluation and Monitoring (Ongoing)

Implementation of CSH is a continuing process
Goals and objectives will evolve as strategies are carried out
CSH vision will continue to guide goals and strategies

2. BELMONT- REDWOOD SHORES- ***District Wellness Team****- Cherie Ho-Wellness Director, Thea Runyan- Health and Wellness Specialist, Mindy Shelton- Health Educator*

Status Report September -November 2011

Action/Activity	Date	Target Audience	Responsibility	Status X = completed	# People reached
FOX					
• **Health and Wellness Team Mtg**	9/22/2011	Staff	Thea/Mindy	X	5
• **Diabetes management and Meds**	all year	students	Jeff/Janette	X	2
• **GBS Training**	10/10/2011	staff	Thea/Mindy	X	20
• **Counseling**	10/24/2011	students	Star Vista		
Conflict Managers Training		students	Mindy	X	25
• **Vision and Hearing Screening**	10/4/2011	students	Jeff/Janette	X	200

• Principal Meeting	9/22/11 ?	Principal	Thea/Mindy	X	1
RALSTON					
• Grant Support - Citizenship materials	Sept	Students	Mindy	in process	300
• Diabetes/Meds management	all year	students	Jeff/Janette	X	5
• TDAP Reporting	Sept/Oct	Students	Jeff	X	
• Lice education	Sept	Students	Jeff	X	10
• Teen Talk	April	Students	Chris Saldivar	in process	300
• Ralston Hot Lunch	Ongoing	Students	Thea	in process	1000
CIPRIANI					
• Health and Wellness Meeting	Oct	Staff	Thea/Mindy	X	5
• Counseling	TBD				
• Vision and Hearing Screening	Oct/Nov	Students	Jeff/Janette	X	150
• Diabetes management	all year	students	Jeff/Janette	X	1
• Principal Meeting	Oct	Principal	Thea/Mindy	X	1
NESBIT					
• Health Wellness Team Meeting	9/27/2011	Staff	Thea/Mindy	X	5
• Principal Meeting	9/27/2011	Principal	Thea/Mindy	X	1
• Vision and Hearing Screening	Sept	Students	Jeff/Janette	X	200
• SEL - Social Emotional Learning module	9/27/2011	4th and 5th grade	Cleo Eulau/Mindy	ongoing	90
• Counseling	10/26/2011	Students	Star Vista	X	
GBS Training	11/2/2011	Staff	Thea/Mindy	X	20
CM Training					
• Nutrition Education - Request	TBD	Students	Thea		
• Epi-Pen Training - SDC	TBD				
• Diabetes management	all year	students	Jeff/Janette	X	1
• Counseling	October	Students	Star Vista/Mindy	X	20
CENTRAL					
• Health and Wellness Team Meeting	10/6/2011	Staff	Thea/Mindy	X	5
• Hearing and Vision Screening	11/3/2011	Students	Jeff/Janette	X	250
• GBS Training	11/2/2011	Staff	Thea/Mindy	X	20
• Principal Meeting	9/27/2011	Principal	Thea/Mindy	X	1
• Health and Wellness Team Meeting	9/26/2011	Staff	Thea/Mindy	X	7

• Principal Meeting	10/30/2011	Principal	Thea/Mindy	X	1
• MMM- Whole Child Week	10/24/2011	Students	Thea	X	400
• CM Training	Nov. 2 & 4	Students	Mindy	X	40
• Epi-Pen Training	9/14/2011	Staff	Jeff	X	20
• PE Support (K-2)	9/23/2011	Students/Staff	Thea	ongoing	200
• Jump Rope for Heart	November	Students	PTA/Teachers		350
• PTA Meeting	10/18/2011	Parents	Thea/Mindy	X	30
SANDPIPER					
International Walk to School Day	10/5/2011	Students	PTA	X	500
GBS Training	10/10/2011	Staff	Thea/Mindy/GBS	X	25
Stoplight Nutrition Assembly	TBD	Students	Thea		500
• Lice education	sept	students	Jeff	X	60
• Principal Meeting	9/21/2011	Principal	Thea/Mindy	X	1
• Health and Wellness Meeting	10/3/2011	Staff	Thea/Mindy	X	8
BELMONT REDWOOD SHORES DISTRICT					
• Staff Wellness	TBD	staff	Team		
• District Wide Committee -	10/13/2011	Staff/Parents/ partners	Team	X	25
• Kindergarten Immunizations	10/15/2011	Community	Jeff	X	
• Safe Routes to School - LOI and committee	10/19/2011	Community	Team	x	
• Safe Routes to School Meeting	11/3/2011	Community	Team		
• Meta Coaching	October	Staff	Mindy/Cleo Eulau		
• PTA Council Updates	monthly	PTA Presidents	Thea/Mindy	X	30
• Stoplight Nutrition Lessons	10/25/2011	Students	Thea		
• PE Curriculum Dev	6/1/2011	Staff	Thea	X	8
• AED/CPR Training	TBD	Staff	Jeff		
• Wellness Policy	Fall	Community	Thea/DO		
• Parent Education - "Positive Discipline"	Oct. 26/Nov. 1	Parents/ Community	BRSSD/PTA/SV	X	140
• Staff Development Day - GBS training	10/10/2011	Staff	Thea/Cherie/ Mindy	X	60
SEQUOIA HEALTHCARE DISTRICT (SHCD)					
• Gardner Center Visit	11/9/2011	district	Team		

3. SEQUOIA UNION -*District Wellness Consultant-* *Karen Li, MD*

1. Started September 19, 2011.

2. In the process of identifying school site based Wellness Champions

3. Visiting each school site, and meeting with the Principals and other staff to identify Wellness concerns, and determine Wellness priorities.

4. Working with the John Gardner Center on phase 2 of the Healthy Schools Initiative (HSI) Study.

5. Addressing the eight components of CSH:

Wellness Status Report, Sept. 2011 to present

CHS Component	Activity/Intervention
Health Education	1. Meeting with the Social Studies, Science, and PE Subject Area Councils (SACs) to assess the new 9th grade Lifeskills (Health) curriculum. 2. Met with the IVPs to discuss the Lifeskills curriculum. 3. Meeting with Teen Talk to discuss their curriculum. 4. Helping to develop a teen mom parenting education program at Sequoia. 5. Attended Kaiser's "Secrets" program (pregnancy and STD awareness) 6. Attended the Sequoia Teen Resource Center Collaborative meeting, 11/9/11
Mental and Emotional Health	1. Forming a Mental Health Advisory Committee (MAC) with representation from each school site, to assess and share best practices district wide. 2. Meeting with the directors of mental health services in the district (ACS, CFY, County Health) 3. Coordinating Drug Intervention and Training for Educational Professionals (DITEP)--June, 2012. 4. Attended the Alameda County Office of Education's 4th annual Bullying Prevention Conference. 5. Working with the district on development of the district's anti-bullying policy based on AB to present to the School Board. 6. Including input from head guidance counselors in MAC discussions.
Physical Education	1. Met and discussed the logistics of incorporating the new Lifeskills curriculum at each school site. 2. Will meet with the PE SAC to work with the JGC on phase 2 of the study.

Health Services	1. Worked at school sites assisting in verification of Tdap status for over 1400 non-compliant students, and researched options for low-income students. 2. Meeting monthly with Susan Vickrey, Susan Berghouse, and the district nurses to discuss health services issues. 3. Meeting with Marie Violet, the County, and district nurses to address asthma education. 4. A member of the Health Services Advisory Committee (HAC)—district nurses, and Wellness Center medical director and NP.
Nutrition Services	1. Met with the district Food Services Director--toured the kitchen and observed the lunch hour at Sequoia HS with Jennifer Gabet. 2. Planning to observe a lunch hour at each of the sites. 3. Working with the Food Advisory Council (FAC) to address food concerns and individual site challenges such as inclement weather and long lines. 4. Attended Jennifer Gabet's nutrition meeting 9/9/11. 5. Working with FAC on implementing a grant-based program that provides clean, fresh water to each school site.
Healthy and Safe School Environment	1. Disaster Prep—reviewing district's handbook and protocols. 2. Planning to meet with head of the maintenance dept. to discuss disaster protocols.
Staff Wellness	1. Met with the HR Benefits Director--discussed the staff health fair, health education, stress reduction, and health related fitness activities. 2. Assessing overall staff wellness needs in the district, and specifically addressing accessibility issues. 3. Meeting with the San Mateo Union HS District (Kirk Black) to discuss staff wellness programs.
Family/Community Involvement	1. Working with the district parent education outreach director and M-A's parent ed coordinator to target a broad distribution of the families in our district. 2. Networking with hospital-based entities involved in CSH (Sequoia Hospital's Health and Wellness Center, Northridge Hospital's Center for Healthier Communities)

4. SAN CARLOS - *District Wellness Director- Mary Carbullido*

Nutrition Services	*Activity/ Intervention(s)*	*Date*	*# impacted*
Physical Education/ Activity	1. Physical Education teachers continue to provide grade level specific physical education instruction to students in grades K-8. 2. Middle School PE teachers administer the Physical Fitness Test (Fitness Gram) in the Spring to grades 5 and 7 and analyze results as a means of evaluating their program.	Aug 24 through October 31,2011	All 6 SCSD Schools (approx 3600 students)
Safe and Healthy School Environment	1. Implemented first of two District-wide Emergency Drills (10/20) 2. Purchased radios for all District Maintenance Staff and Preschool 3. Anti-Harassment/Bullying policy approved by Board shared with community. 4. Sent team to Anti-Bullying Symposium at SMCOE on 9/16.Middle School PE teachers administer the Physical Fitness Test (Fitness Gram) in the Spring to grades 5 and 7 and analyze results as a means of evaluating their program	Sept - Oct 2011	All 6 SCSD Schools (approx 3600 students)
Family/ Community Involvement	1. Parents received information about District Wellness Policy and site based protocols for healthy celebrations. 2. Planning Cyber-Bullying Parent Education for Middle School parents.	Aug - Oct 2011	All 6 SCSD Schools (approx 3600 students)
Counseling, psychological and social services	1. Counselors providing Life Skills program to students. 2. Each month there is a Life Skill theme that is promoted district wide.	Sept - Oct 2011	All 6 SCSD Schools (approx 3600 students)
Health Education	1. Middle Schools implementing Teen Talk in grade 8 as part of their comprehensive Family Life Education.	Sept - Oct 2011	Approx 320 students
Health Services	2. New District Nurse hired. Early school year focus on ensuring TDAP requirements were met. Working with PTAs to provide information regarding Flu Shot Clinics to families. All health record information has now been included in student information system.	Hired July 2011	All 6 SCSD Schools (approx 3600 students)
Health Promotion for Staff	1. Teacher's Association President focused on staff wellness in his Back to School message to teachers, administrators and staff. 2. All sites making a conscious effort to	Aug - Oct 2011	Approx 250

	promote healthy habits especially with regards to staff room treats. 3. Morning Boot Camp Class offered to all staff free of charge		
Wellness Committee	1. Has met twice and has developed subcommittees to take on projects such as Anti-Bullying and Nutrition Education. 2. Wellness Coordinator and Director of Curriculum and Instruction have met with counter parts in Belmont Redwood Shores to exchange ideas 3. Wellness Coordinator, Director of Curriculum and Instruction and Principals of two SCSD schools met with John Gardner Center in preparation for Healthy Schools Initiative Study	Aug, Sept, Oct 2011	N/A

HeartSafe Program

Activity Summary for Oct & Nov 2011

HeartSafe Region Task Force Meetings (monthly)

Attend and participate in regional planning and support.

Placement of AED New Units

1) Kainos Vocational Center
2) Kainos Home and Training Center
3) Foster City Schools (3 locations)

AED Maintenance of Existing Units (new batteries, electrodes, etc.)

1) Fair Oaks Senior Center
2) San Mateo County Sheriff's Office
3) Notre Dame
4) Redwood City CERT station 12
5) Redwood City CERT station 11
6) St. Gregoriose Church
7) Clifford Elementary
8) Menlo-Atherton High School
9) Belmont Police Department
10) Fair Oaks Library
11) Herkner Pool
12) RWC Police Department
13) Red Morton Community Center
14) Sandpiper Community Center
15) Schaberg Library
16) Veterans Memorial Senior Center
17) Becht Ball Field Storage Shed
18) Fair Oaks Community Center
19) CAB Community Center (Red Morton)

AED Placements In-Progress (application stage, site visits, etc)

1) Redwood High School
2) San Carlos High School District Office
3) Redwood City Lions Club

Trainings

1) Kainos Vocational Center
2) Kainos Home and Training Center
3) Kennedy Middle School
4) School Health Aids
    a. Sequoia High School
    b. Carlmont High School
    c. Menlo-Atherton High School
    d. Woodside High School
    e. Redwood High School

Miscellaneous

1) The new Woodside Road (bicycle rest area) AED tower project is experiencing some technical problems. Construction of the pad and placement of the tower was completed in mid September, but the technicians are experiencing communication issues.

2) We are ready to assist in the purchase of up to six new Lucas Device units to the fire departments/districts within our geographic area. We are still awaiting deployment recommendations from the fire chiefs. We are working directly with the EMS Chief.